



10 Mile Time Trial KENT CYCLING ASSOCIATION

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations by [The Kent Cycling Association](#) & organised by [Camerideri.com](#) and [VeloRefined Rule 5](#)

Sunday 31st August 2025

Course Q10/42 Event start time 9am for circuit use (closes 11am) (first rider off 9:01am)
HQ: Track-side Building at Betteshanger Country Park.

To find the park, take the A258 between Deal and Sandwich to the Fowlmead access roundabout, where the Park is clearly signposted. Do not follow signs from the A258 to Betteshanger village and Community Park.

Course Details – Q10/42

START at edge of track in coned area ride 5 laps in an anticlockwise direction. On the fifth and final lap do not continue on to the start area but take the signed slip road to **FINISH** in the slip road. On finishing **do not immediately re-join the circuit. Follow the direction of the marshals back to the HQ (Trackside building) or if safe to do so rejoin the circuit taking care to avoid disrupting other competitors and keeping off the racing line until at the HQ. You must then leave the course until all riders finish.**

Event Secretary:

Mark Hill: VeloRefined Rule5 (Cycling Team) 25 Hales Drive, Canterbury, Kent. CT2 7AB
E: markvelorefined@gmail.com M: 07795 244216

Timekeepers: Andy McCall: Thanet RC & Ian Ferrell: VC Deal

General Notes:

1. THERE WILL BE NO WARMING UP ON THE CIRCUIT AFTER THE EVENT HAS STARTED. **Warm up on the circuit must be clockwise only. No rider is to still be on the circuit warming up after 8:55am.**
2. There is plenty of room for turbo trainers on the concrete ramp adjacent to the start area or carpark.
3. Take care when crossing the circuit moving to the start area and keep to the right when passing through the start area when racing.
4. Take care when passing slower riders avoiding passes on the inside of bends (a verbal warning helps).
5. The circuit is just over 2 miles to the lap. On the final lap turn left into the slip road to the finish.
6. Numbers will be issued near the carpark / main buildings underpass area but returned to the HQ area post event.
7. All riders are required to sign on before collecting their number and sign out after finishing. Failure to sign-out and return your number may result in disqualification.
8. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC anti-doping regulations.
9. Front and rear lights are technically required for circuit events. These should be used as per open road events.
10. Riders risk disqualification if they use the start or finish areas as a public toilet. The new facilities have toilets and changing areas which you can use.

11. All competitors must wear a properly affixed helmet, which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.
12. Please use the Park in accordance with its rules (this includes any parking fees that may apply during your time at the Park). There are machines situated near the main building's underpass area.
13. Please do stay for awards and prizes at the end of the event.

Road Bike Regulations as apply to KCA Road Bike participants

1. No aerobars, clip on aerobars or aero extensions can be used
2. Hands must be holding the handlebars at all times whilst racing (i.e. not with forearms resting on the handlebar)
3. Legs must only be covered to mid-shin
4. Wheels may have no more than 90mm rim depth and must have at least 12 spokes
5. Helmets must be a road not a TT specific helmet and must not have a visor
6. Ears must not be covered by the helmet

Under 18 Competitors

We have a small number of young riders today including Youth and Junior riders. Please be mindful of them both during and after the race to ensure their safety and wellbeing.

For Youth and Junior riders to compete on the day, the required current parental consent form as supplied to each parent / guardian by the organiser via CTT's comms system, to the rider email used at entry (and available on the CTT site), must be completed and presented to the organiser at sign-on or before then. **NO FORM – NO RIDE.**

Race Photography:

Photography is planned to be via [Dave Haywood Photography](#).

**Please be aware that this event is an association event.
To be eligible for prizes your club must be affiliated to the Kent Cycling Association.**

**One prize per rider.
In the event a rider technically wins two event awards they will receive the higher value prize.**

EVENT AWARDS

KCA Awards

TT bikes | Top 3 male & female riders: **£15 | £10 | £5**
Road bikes | Top 3 male & female riders: **£15 | £10 | £5**

Camerideri Special Awards

To receive a Camerideri special award you must affiliate to www.camerideri.com

Most stylish male and female riders – totally subjective in the opinion of the organiser
Overall Fastest Female Rider (TT or Road Bike) – Camerideri Trophy
Overall Fastest Veteran Male and Female Riders (TT or Road Bike)
Team Award – TT Bikes or Road Bikes | Overall team of 3 riders

Acknowledgment

Thank you to all the marshals, timekeepers and others that supported the organisation and undertaking of the event.

Thank you also to everyone that raced for helping make this event happen.

Event results will be compiled and announced as soon as possible after the overall event, so please stay for the awards.



STARTSHEET

| Number | Start Time | First Name | Last Name | Club / Team | Classification | Age Group | Machine Type |
|--------|------------|-----------------|----------------|------------------------------|----------------|-----------|-----------------|
| 1 | 09:01 | Beatrice | Murrell | Southborough & Dist. Whs | Female | Youth | Road Bike |
| 2 | 09:02 | Riley | Wastall | 4T+ Cyclopark | Open | Youth | Road Bike |
| 3 | 09:03 | Alice | Tulett | Thanet RC | Female | Youth | Time Trial Bike |
| 4 | 09:04 | Sebastian | Mugford | VC Deal | Open | Youth | Time Trial Bike |
| 5 | 09:05 | Ivo | Thwaites | Southborough & Dist. Whs | Open | Junior | Time Trial Bike |
| 6 | 09:06 | Douglas | Tulett | Thanet RC | Open | Junior | Time Trial Bike |
| 7 | 09:07 | <i>No Rider</i> | | | | | |
| 8 | 09:08 | <i>No Rider</i> | | | | | |
| 9 | 09:09 | <i>No Rider</i> | | | | | |
| 10 | 09:10 | Sally | Smith | Medway Velo Club | Female | Veteran | Road Bike |
| 11 | 09:11 | Faye | Faiers | Thanet RC | Female | Veteran | Time Trial Bike |
| 12 | 09:12 | Anita | Turner | Eastbourne Rovers CC | Female | Veteran | Time Trial Bike |
| 13 | 09:13 | Tracy | Wilkinson-Begg | Vanelli-Project GO | Female | Veteran | Time Trial Bike |
| 14 | 09:14 | Caroline | Rigby | Thanet RC | Female | Veteran | Time Trial Bike |
| 15 | 09:15 | Debbie | Percival | Medway Velo Club | Female | Veteran | Time Trial Bike |
| 16 | 09:16 | Jennifer | Fearn | Thanet RC | Female | Veteran | Time Trial Bike |
| 17 | 09:17 | Sophie | Driscoll | Thanet RC | Female | Senior | Time Trial Bike |
| 18 | 09:18 | Kat | Dinley | VeloRefined Rule5 Aerosmiths | Female | Veteran | Road Bike |
| 19 | 09:19 | <i>No Rider</i> | | | | | |
| 20 | 09:20 | Terry | Fearn | Thanet RC | Open | Veteran | Tricycle |
| 21 | 09:21 | Harry | Powell | Chorlton Velo | Open | Senior | Road Bike |



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|----|-------|-------------|-----------|---|------|---------|-----------------|
| 22 | 09:22 | Jamie | Locke | Thanet RC | Open | Senior | Time Trial Bike |
| 23 | 09:23 | Steven | Smith | Medway Velo Club | Open | Veteran | Time Trial Bike |
| 24 | 09:24 | Simon | Tucker | Medway Velo Club | Open | Veteran | Road Bike |
| 25 | 09:25 | Craig | Millward | Wigmore CC | Open | Veteran | Road Bike |
| 26 | 09:26 | Philip | Murrell | Finsbury Park CC | Open | Veteran | Road Bike |
| 27 | 09:27 | Mike | Perry | Thanet RC | Open | Veteran | Time Trial Bike |
| 28 | 09:28 | Colin | Inett | Thanet RC | Open | Veteran | Time Trial Bike |
| 29 | 09:29 | Trevor | Peirce | Thanet RC | Open | Veteran | Road Bike |
| 30 | 09:30 | David | Wastall | 4T+ Cyclopark | Open | Veteran | Road Bike |
| 31 | 09:31 | Robert | Giles | VTTA (Kent) | Open | Veteran | Time Trial Bike |
| 32 | 09:32 | Peter | Huckstep | Thanet RC | Open | Veteran | Time Trial Bike |
| 33 | 09:33 | Rob | Kennison | Medway Velo Club | Open | Veteran | Road Bike |
| 34 | 09:34 | Christopher | Meakin | Thanet RC | Open | Senior | Time Trial Bike |
| 35 | 09:35 | Mick | Claydon | Ashford Whs | Open | Veteran | Time Trial Bike |
| 36 | 09:36 | Michael | Philpot | Royal Navy Cycling (RNC) | Open | Veteran | Time Trial Bike |
| 37 | 09:37 | Michael | Stanley | Medway Velo Club | Open | Veteran | Time Trial Bike |
| 38 | 09:38 | Dave | Richards | San Fairy Ann CC | Open | Veteran | Road Bike |
| 39 | 09:39 | Tim | Kingston | GS Invicta - Eye Level Optical - Herbert Cycles | Open | Veteran | Road Bike |
| 40 | 09:40 | Jonathan | Graciano | Medway Velo Club | Open | Veteran | Time Trial Bike |
| 41 | 09:41 | Ed | Blowers | VC Deal | Open | Veteran | Road Bike |
| 42 | 09:42 | Simon | Henderson | Thanet RC | Open | Veteran | Time Trial Bike |
| 43 | 09:43 | David | Prom | San Fairy Ann CC | Open | Veteran | Time Trial Bike |
| 44 | 09:44 | Alex | Milne | Rapha Cycling Club | Open | Veteran | Time Trial Bike |
| 45 | 09:45 | Gary | Grayland | CC Bexley | Open | Veteran | Time Trial Bike |
| 46 | 09:46 | Neil | Gerrard | Thanet RC | Open | Veteran | Time Trial Bike |
| 47 | 09:47 | Stephen | Wilkinson | Vanelli-Project GO | Open | Veteran | Time Trial Bike |



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|----|-------|----------|----------|------------------------------|------|---------|-----------------|
| 48 | 09:48 | Paul | Burrows | Thanet RC | Open | Veteran | Road Bike |
| 49 | 09:49 | Andrew | Meilak | VeloRefined Rule5 Aerosmiths | Open | Veteran | Time Trial Bike |
| 50 | 09:50 | Stefan | Stone | 7Oaks Tri Club | Open | Veteran | Time Trial Bike |
| 51 | 09:51 | Stuart | Hourigan | VeloRefined Rule5 Aerosmiths | Open | Veteran | Time Trial Bike |
| 52 | 09:52 | Nicholas | Fennell | Thanet RC | Open | Senior | Time Trial Bike |