



Present a 10 Mile Time Trial on
Course Q10/30 (A299 Thanet Way)
(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)

Sunday 10th Aug 2025 at 07:00

START SHEET

Timekeepers: (Start) Ian Ferrell
(Finish) Phil Booth

Awards –

1 st Male on scratch	£25
2 nd Male on scratch	£15
3 rd Male on scratch	£10
1 st Fastest Female on scratch	£25
2 nd Fastest Female on scratch	£15
1 st Road bike	£20
2 nd Road bike	£10
Fastest Vet (40-49)	£10
Fastest Vet (50-59)	£10
Fastest Vet (60-69)	£10
Fastest Vet (70-79)	£10
Fastest Vet (80-89)	£10
Team of 3	£10 each

COMPETITORS NOTES

1. In the interest of safety, CTT Regulations state that ALL riders **MUST** wear recognised protective headgear that meets an internationally accepted safety standard.
2. **WORKING** front and rear lights, either flashing or constant, **MUST** be fitted to the machine at the start of the event.
3. **WITHOUT** lights or helmet you will **NOT BE PERMITTED** to start
4. Parking is **not permitted within 25 metres of the start** or at the finish.
5. Riders must not warm up on the course after the start.
6. It would be appreciated if riders do not wear shoe plates in the HQ.
7. Numbers will be available at the HQ and issued at signing on.

8. Numbers should be centrally positioned below the waist so as to be clearly visible from the rear.
9. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC anti-doping regulations.
10. Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations.

EVENT HQ/SIGN ON

St. Bartholomew's Church Hall, King Edward Ave, Herne Bay, CT6 6EB, on street parking ONLY. Open from 06:00 ish!!

Please note the hall is quite small so it's on road parking only.

HQ TO THE START

The Head quarters are 1.5 miles to the start. Turn left out of King Edward Ave onto Mickleburgh Hill, follow the road until it takes you across Blacksole bridge onto Margate Rd, this will lead you to the roundabout to gain access to the Thanet Way. Continue on Thanet way for about 0.5 miles then take the slip road for Reculver and turn left onto Sweechbrige Road where you will find the start.

AT THE END OF THE RACE

Remember you must return to the event HQ as soon as possible, even if DNF, to sign out, return your number and check to see if you are required for DOPING CONTROL. Failure to sign out WILL result in DNF.

Yummy refreshments will be available 😊🍰

RESULTS

Do not approach the finish timekeeper after finishing.

Results will be available on the day (fingers crossed)!!! please hang around for the prize presentation 😊

Q10/30 COURSE DETAILS - Start at eastern end of 1st drain in May Street, just before entrance to Southern Water Services Depot (TR208673). Proceed via service road to join A299, continue on A299 to St Nicholas at Wade RAB, take 3rd exit to Monkton RAB (5.472 miles). Turn and retrace A299 to finish west of the Roman Galley PH on slip road to Chislet, 4 yards before last LP FUV010 before turning left on slip road (TR225676).

Event Secretary

Paul Burrows, 57 The Length. St Nicholas At Wade, Kent, CT7 0PW 07973666443. paulburrows604@gmail.com

Number	Start Time	Name	Machine	Club
1	07.01	Mike Perry	TTBike	Thanet RC
2	07.02	Chris Parker	Road Bike	Hastings & ST Leonards CC
3	07.03	Vernon Thomas	TT Bike	Greenwich Tritons Tri Club
4	07.04	Rowena Howey	Road Bike	Southborough & Dist Whs
5	07.05	Stephen Wilkinson	TT Bike	Vanelli-Project GO
6	07.06	Paul Smith	TT Bike	VeloRefined Rule5 Aerosmiths
7	07.07	Andy Macpherson	TT Bike	Team Bottrill
8	07.08	Mark Amon	Road Bike	Rye & District Wheelers
9	07.09	Tracy Wilkinson-Begg	TT Bike	Vanelli-Project GO
10	07.10	Paul Burrows	Road Bike	Thanet RC
11	07.11	Gary Grayland	TT Bike	CC Bexley
12	07.12	Peter Huckstep	TT Bike	Thanet RC
13	07.13	Michael Coulter	TT Bike	Gravesend CC
14	07.14	Sally Smith	Road Bike	Medway Velo
15	07.15	Andrew Meilak	TT Bike	VeloRefined Rule5 Aerosmiths
16	07.16	Simon Henderson	TT Bike	Thanet RC
17	07.17	Dave Richards	Road Bike	San Fairy Ann CC
18	07.18	Michael Stanley	TT Bike	Medway Velo
19	07.19	Fiona Howarth	TT Bike	VC Deal
20	07.20	Matt Steel	TT Bike	Pronto Bikes
21	07.21	Mark Hill	TT Bike	VeloRefined Rule5 Aerosmiths
22	07.22	Jimmy George	TT Bike	Southborough & Dist Whs
23	07.23	Michael Philpot	TT Bike	Royal Navy Cycling (RNC)
24	07.24	Debbie Percival	TT Bike	Medway Velo
25	07.25	Kevin Tye	TT Bike	VeloRefined Rule5 Aerosmiths
26	07.26	Alex Milne	TT Bike	Rapha Cycling Club
27	07.27	Dave Greenwood	TT Bike	Rye & District Wheelers
28	07.28	Sam Day	TT Bike	CS Grupetto
29	07.29	Gary Ricks	TT Bike	San Fairy Ann CC
30	07.30	Nic Fennell	TT Bike	Thanet RC