



KENT CYCLING ASSOCIATION

Honorary President for 2025: Bob Giles

10 Mile Time Trial

(Promoted by Ashford Wheelers Cycling Club for and on behalf of the KCA and Cycling Time Trials.
The event is promoted under the Rules and Regulations of Cycling Time Trials)

Sunday 17th August 2025

Course: Q10/1

Start: 7.00 am

Event Secretary: Lee Buckman
07973 137398
thebumblebucko@gmail.com

Start Timekeeper: Mr Doug Finch
Finish Timekeeper : Mr David Abbotts
Marshals : Ashford Wheelers CC

Event Headquarters: Hamstreet Sports Pavilion, Hamstreet, Nr Ashford. Kent TN26 2HX

Be aware of the height barrier at the entrance to the car park!

Directions To Start From HQ

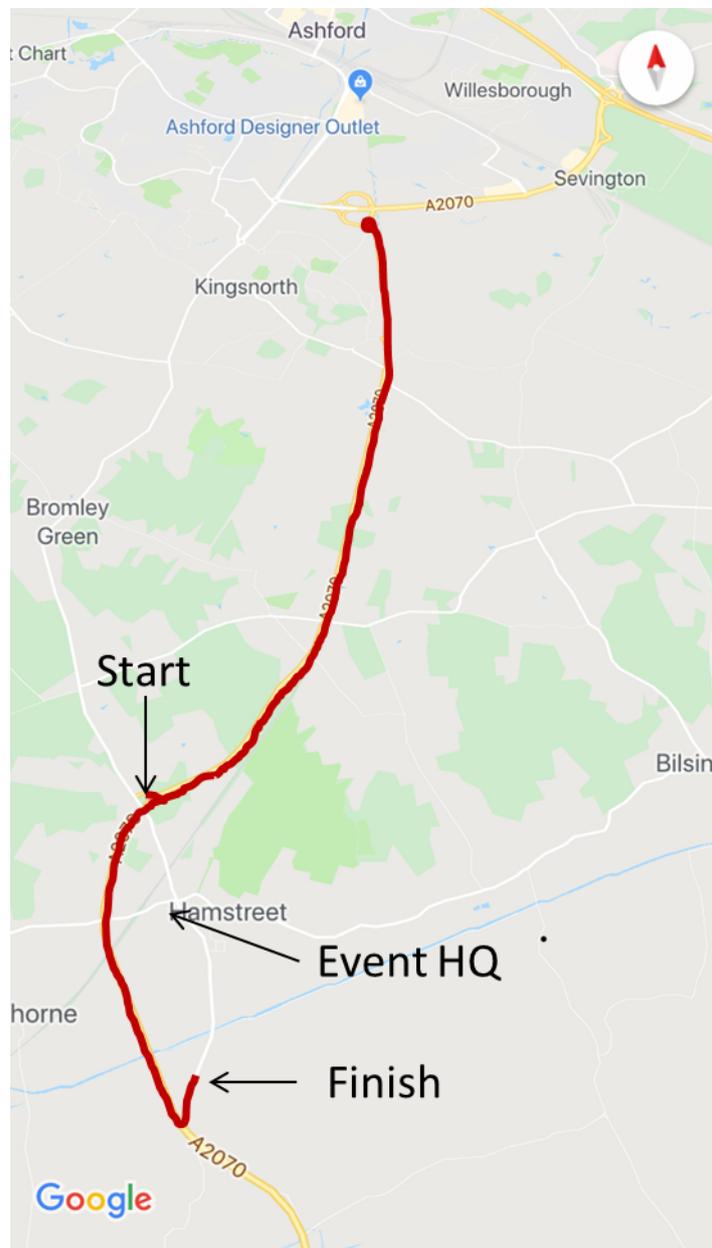
Turn left out of the road from the HQ and ride straight on up the hill past Hamstreet Railway Station, after reaching the road bridge turn right into the link road, you will then see the start on the left.

Course Details Q10/1

Hamstreet - Cloverleaf - Johnsons Corner (A2070).

Start at manhole cover approximately 75 yards west of Junction between link road from Ashford Road (north of Hamstreet Village) and the A2070. Proceed eastwards and turn left onto A2070 and proceed North over Bridgefield RAB to Cloverleaf RAB, turn and retrace south on A2070 to Johnsons Corner where left onto old A2070 towards Hamstreet village to finish approximately 50 yards before bridge over Royal Military Canal. (Distance 10.05 miles)

Course Map



Information For Competitors

Please take some time to read through the notes below, especially those relating to lights and helmets. If you are competing as part of the 'Road Bike' event please also read through the KCA rules for such events.

General

- No rider should use a turbo trainer or rollers in the HQ parking area or adjacent roads within 50 metres of a domestic property. Failure to comply - rider risks disqualification from the event.
- Keep noise to a minimum to avoid unnecessary disturbance of local residents.
- Riders should not arrive at the start any more than 5 minutes before their allotted start time.
- No warming up on the course once the event has started.
- Numbers will be at HQ.
- Riders are required to sign on before collecting their number and also to sign back at the end of the event. **Failure to sign back will result in a DNF on the results.**
- Please ensure that you pin your number on your lower back. If you pin it too high on your back the timekeeper may miss it and you could be shown as DNF on the result.
- Whilst competing, riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from breaches to these regulations.

Helmets & Lights

- All competitors must wear a properly affixed helmet, which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.
- No competitor shall be permitted to start the event unless they have affixed **BOTH front & rear lights** to their machine. Both lights must be either flashing or constantly illuminated and in a position that is clearly visible to other road users.

KCA Road Bike Event Regulations

- No aerobars, clip on aerobars or aero extensions can be used.
- Hands must be holding the handlebars at all times whilst racing (i.e. not with forearms resting on the handlebar).
- Legs must only be covered to mid shin (same in TT)
- Wheels may have no more than 90mm rim depth and must have at least 12 spokes.
- Helmets must have no visor
- Ears must not be covered by the helmet. (Giro Aerohead type helmets are not permitted. No aero TT helmets)

Awards/Prizes

The prize fund for the event is reflective of the entry pool and as detailed below.

TT Event			Road Bike Event		
	Male	Female		Male	Female
1st	£25	£25	1st	£25	£25
2nd	£20				
3rd	£15				

EVENT STARTLIST

No	Start	Name	Club	Gender	Road Bike/TT Bike
1	07:01	Hannah Graveney	Doltcini O'Shea Cycle Division	Female	Time Trial Bike
2	07:02	Michael Philpot	Royal Navy Cycling (RNC)	Male	Time Trial Bike
3	07:03	Robert Giles	VTTA (Kent)	Male	Time Trial Bike
4	07:04	Mike Perry	Thanet RC	Male	Time Trial Bike
5	07:05	Nathan Russell	trainSharp	Male	Time Trial Bike
6	07:06	David Greenwood	Rye & District Wheelers CC	Male	Time Trial Bike
7	07:07	Debbie Percival	Medway Velo Club	Female	Time Trial Bike
8	07:08	Victoria Shrubsole	Ashford Tri Club	Female	Road Bike
9	07:09	Garry Birch	Ashford Tri Club	Male	Time Trial Bike
10	07:10	Paul Burrows	Thanet RC	Male	Road Bike
11	07:11	Michael Stanley	Medway Velo Club	Male	Time Trial Bike
12	07:12	Tom Richardson	San Fairy Ann CC	Male	Time Trial Bike
13	07:13	Sally Smith	Medway Velo Club	Female	Road Bike
14	07:14	Vernon Thomas	Greenwich Tritons Tri Club	Male	Time Trial Bike
15	07:15	Stephen Wilkinson	Vanelli-Project GO	Male	Time Trial Bike
16	07:16	Andy Macpherson	Team Bottrill	Male	Time Trial Bike
17	07:17	Michael Coulter	Gravesend CC	Male	Time Trial Bike
18	07:18	Les Humphrey	South Eastern RC	Male	Time Trial Bike
19	07:19	Andrew Cornwell	Ashford Whs	Male	Time Trial Bike
20	07:20	Paul Smith	VeloRefined Rule5 Aerosmiths	Male	Time Trial Bike
21	07:21	Tim Kingston	GS Invicta - Eye Level Optical-Herbert Cycles	Male	Road Bike
22	07:22	Mark Hill	VeloRefined Rule5 Aerosmiths	Male	Time Trial Bike
23	07:23	Tim Miles	Hastings & St. Leonards CC	Male	Time Trial Bike
24	07:24	Ed Blowers	VC Deal	Male	Road Bike

25	07:25	Andrew Meilak	VeloRefined Rule5 Aerosmiths	Male	Time Trial Bike
26	07:26	Jonathan Graciano	Medway Velo Club	Male	Time Trial Bike
27	07:27	Tracy Wilkinson-Begg	Vanelli-Project GO	Female	Time Trial Bike
28	07:28	Nicholas Fennell	Thanet RC	Male	Time Trial Bike
29	07:29	Kevin Tye	VeloRefined Rule5 Aerosmiths	Male	Time Trial Bike