



**VETERANS TIME TRIALS ASSOCIATION
(KENT GROUP)**

10 Mile Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Course Q10/1

Ham Street – Cloverleaf – Johnsons Corner - Hamstreet

Sunday 27 July 2025 at 07:00

START SHEET

Timekeepers:

Start: Dave Mackey – Medway Velo

Finish: Phil Booth – Medway Velo

Hopefully you will all have spotted that the VTTA (Kent Grp.) are organising this event as a

CHARITY EVENT

Our prize list for this event would have totalled £140 in cash, but we are not offering prizes this time, instead proceeds from the event will be donated to:

KENT SURREY SUSSEX AIR AMBULANCE CHARITY

This will include money donated to the refreshment box.

Any further donations by riders, helpers or spectators are all welcome and can be added into the refreshment box, or to me (Bob Giles) on the day.

The start sheet still includes riders' age standards. This is to enable results on age adjusted times and standards to be calculated - all rides by Group members count towards the relevant Kent Group competitions.

COMPETITORS NOTES

Covid-19 is still around and the CTT continue to have guidance in place as follows:

Competitors should not attend if they feel ill in ANY way, especially if they, or family members have any CV19 symptoms. An elevated resting heart rate, or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and that they should DNS and leave immediately and not go to the start line if they feel this is the case. Any competitor where the above is relevant should obtain a lateral flow test. Competitors are encouraged to undertake a lateral flow test prior to attending the event.

Any Positive Test - The competitor should not attend the event.

Spectators and officials are encouraged to undertake a lateral flow test before attending the event.

1. **ALL** riders must wear protective headgear that meets an internationally accepted safety standard.
2. **WORKING** front and rear lights, either flashing or constant, **MUST** be fitted to the machine at the start.
3. Parking is **not permitted in the vicinity of the start** or at the finish.
4. The start is about a mile from the event HQ, allow yourself at least 10 minutes to ride there.
5. Riders must not warm up on the course after the start.
6. It would be appreciated that riders do not wear shoe plates in the HQ.
7. Numbers will be at the HQ and issued at signing on.
8. Numbers should be centrally positioned below the waist so as to be clearly visible from the rear.
9. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC anti-doping regulations.
10. Whilst competing riders must ensure they adhere to Highway Regulations and to CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations.

EVENT HQ – Ham Street Sports Pavilion, Ham Street, Ashford, Kent.

Post Code – TN26 2JH What3Words – misfits.headset.vacancies

SIGNING ON

Parking spaces are not allocated - please park as quickly and quietly as possible. Once parked, go to the pavilion, sign on and collect your race number. Changing facilities and toilets are available.

Turbo warmups are permitted within the car park.

HQ TO THE START - Turn left out of the car park onto The Street ride straight on up the hill, past Hamstreet railway station, then after the bridge over the A2070 turn right onto the link road to the A2070 where you will see the start.

COURSE DETAILS

Ham Street – Cloverleaf – Johnsons Corner (A2070) - Hamstreet

Start opposite the manhole cover approx 75 yards west of Junction between link road from Ashford Road (north of Hamstreet Village) and the A2070. Proceed eastwards and turn left (M) onto A2070 and proceed North over Bridgefield RAB to Cloverleaf RAB, turn (M) and retrace south on A2070 to Johnson's Corner where left (M) onto old A2070 towards Hamstreet village to finish approx 50 yards before bridge over Royal Military Canal. (distance 10.05 miles).

AT THE END OF THE RACE

Remember you must return to the event HQ as soon as possible, even if DNF, to sign out, return your number and check to see if you are required for **DOPING CONTROL**. Failure to sign out **WILL result in DNF**.

VTTA EVENT SECRETARY: Robert Giles 91 Park Way, Coxheath, Maidstone, Kent. ME17 4EX
Mobile 07905 086613. Email – robertgiles@icloud.com

RESULTS

Do not approach the timekeeper after finishing.

Results will be available on the day and will be published as soon as possible.

You are encouraged to stay for the announcement of the results.

START LIST

	Name		Class	Cat	Club	Vet Std	Start
1	Les	Humphrey	O	Vet	South Eastern RC	00:33:43	07:01
2	Vernon	Thomas	O	Vet	Greenwich Tritons Tri Club	00:32:19	07:02
3	Gary	Ricks	O	Vet	San Fairy Ann CC	00:29:06	07:03
4	Tim	Miles	O	Vet	Hastings & St. Leonards CC	00:31:43	07:04
5	Tracy	Wilkinson-Begg	O	Vet	Vanelli-Project GO	00:27:40	07:05
6	Peter	Pickering	O	Sen	Ashford Tri Club	-	07:06
7	Rebecca	Wilson	F	Vet	Rye & District Wheelers CC	00:29:46	07:07
8	Michael	Coulter	O	Vet	Gravesend CC	00:31:09	07:08
9	Jeremy	Page	O	Vet	Southborough & Dist. Whs	00:28:14	07:09
10	Tom	Richardson	O	Vet	San Fairy Ann CC	00:28:44	07:10
11	Michael	Philpot	O	Vet	Royal Navy Cycling (RNC)	00:28:14	07:11
12	Mark	Thurlow	O	Vet	Shaftesbury CC	00:26:18	07:12
13	NO	RIDER					07:13
14	Paul	Burrows	O	Vet	Thanet RC	00:26:31	07:14
15	Rob	Sparks	O	Vet	Thanet RC	00:26:09	07:15
16	David	Prom	O	Vet	San Fairy Ann CC	00:27:10	07:16
17	Simon	Henderson	O	Vet	Thanet RC	00:28:05	07:17
18	Mike	Piper	O	Vet	San Fairy Ann CC	00:26:35	07:18
19	Tim	Kingston	O	Vet	GS Invicta - Eye Level Optical-Herbert Cycles	00:26:40	07:19
20	Anthony	Westwood	O	Vet	Gravesend CC	00:27:40	07:20
21	Matthew	Smith	O	Vet	Gemini BC	00:26:18	07:21
22	Huseyin	Vardal	O	Vet	Gemini BC	00:26:51	07:22
23	Andy	Macpherson	O	Vet	Team Bottrill	00:27:32	07:23
24	Mark	Amon	O	Vet	Rye & District Wheelers CC	00:27:48	07:24
25	Sam	Robinson	O	Sen	Team Bottrill	-	07:25
26	Mark	Hill	O	Vet	VeloRefined Rule5 Aerosmiths	00:27:32	07:26
27	Nick	Wilson	O	Vet	Rye & District Wheelers CC	00:28:05	07:27
28	Andy	Robinson	O	Vet	Ashford Whs	00:28:44	07:28
29	Lawrence	Wintergold	O	Vet	Hounslow & District Whs	00:27:48	07:29
30	Nicholas	Fennell	O	Sen	Thanet RC	-	07:30
31	Andrew	Meilak	O	Vet	VeloRefined Rule5 Aerosmiths	00:27:40	07:31
32	Stephen	Wilkinson	O	Vet	Vanelli-Project GO	00:27:40	07:32
33	Maria	Sparks	F	Sen	Thanet RC	-	07:33
34	Andrew	Gibson	O	Vet	Gravesend CC	00:27:17	07:34
35	Kevin	Tye	O	Vet	VeloRefined Rule5 Aerosmiths	00:28:14	07:35