



## **VETERANS TIME TRIALS ASSOCIATION (KENT GROUP)**

### **50 Mile Time Trial**

*Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations*

VTTA Kent Group Championships, BBAR & ECCA BAR Counting Event

Incorporating the Tricycle Association (South Eastern Region) Stan Spelling Memorial '50'

**Course Q50/11**

**Ham Street – Brenzett - Brookland – Lydd – Brenzett – Ham Street**

**Sunday 6 July 2025 at 06.30**

#### **START SHEET**

**Timekeeper:**

**(Start & Finish) John Long Bottom – SanFaireyAnn CC**

#### **VTTA Awards - Veteran Riders**

1 <sup>st</sup> on age adjusted time	£30
2 <sup>nd</sup> on age adjusted time	£20
3 <sup>rd</sup> on age adjusted time	£10

1<sup>st</sup> Road bike on age adjusted time £20

Fastest Open Vet on actual time £15

Fastest Female Vet on actual time £15

1<sup>st</sup> Club Team of two on Age Standard £10 each

#### **VTTA Awards - Non-Veteran Riders**

Fastest Male £15

Fastest Female £15

Please note that VTTA members only are eligible for the veterans' awards listed above (including those on actual time). If you are over 40 and not yet a VTTA member, you can become eligible for these vets' awards by joining the VTTA online before the date of the event at: [vta.org.uk](http://vta.org.uk) and bringing proof of membership with you on the day.

#### **Tricycle Association Award**

The faster rider on actual time will hold the Stan Spelling Memorial Shield for one year.

**TA EVENT SECRETARY:**  
Mark Vowells  
Penny Green, Round Street  
Cobham, Kent.DA13 9BA  
Tel: 01474 393402  
Email - [Markvowells@hotmail.co.uk](mailto:Markvowells@hotmail.co.uk)

**VTTA EVENT SECRETARY:**  
Robert Giles  
91 Park Way, Coxheath  
Maidstone, Kent. ME17 4EX  
Mobile 07905 086613.  
Email – [robertggiles@icloud.com](mailto:robertggiles@icloud.com) VTTA (Kent Grp.)

## COMPETITORS NOTES

### **Covid-19 is still around and the CTT still have some guidance in place as follows:**

Competitors should not attend if they feel ill in ANY way especially if they, or family members have any CV19 symptoms.

An elevated resting heart rate, or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and that they should DNS and leave immediately and not go to the start line if they feel this is the case. Any competitor where the above is relevant should obtain a lateral flow test. Competitors are encouraged to undertake a lateral flow test prior to attending the event.

Any Positive Tests - The competitor should not attend the event.

Spectators and officials are encouraged to undertake a lateral flow test before attending the event.

1. **ALL** riders wear recognised protective headgear that meets an internationally accepted safety standard.
2. **WORKING** front and rear lights, either flashing or constant, **MUST** be fitted to the machine at the start.
3. Parking is **not permitted in the vicinity of the start** or at the finish.
4. The start is about 400 metres from the event HQ, allow yourself at least 5 minutes to ride there.
5. Riders must not warm up on the course after the start.
6. It would be appreciated if riders do not wear shoe plates within the HQ.
7. Numbers will be at the HQ and issued at signing on.
8. Numbers should be centrally positioned below the waist so as to be clearly visible from the rear.
9. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC anti-doping regulations.
10. Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations.

**EVENT HQ** – Ham Street Sports Pavilion, Ham Street, Ashford, Kent TN26 2JH.

Post Code – TN26 2JH    What3Words – misfits.headset.vacancies

## **SIGNING ON**

Parking spaces are not allocated - please park as quickly and quietly as possible. Once parked, go to the pavilion, sign on and collect your race number. Changing facilities and toilets are available.

Turbo warmups are permitted.

**HQ TO THE START** - Turn right out of the Pavillion car park and continue for 400 metres to reach the start.

#### **AT THE END OF THE RACE**

Remember you must return to the event HQ as soon as possible, even if DNF, to sign out, return your number and check to see if you are required for **DOPING CONTROL**.

Failure to sign out **WILL result in DNF**.

#### **RESULTS**

Do not approach the timekeeper after finishing.

Results will be available on the day and will be published as soon as possible.

You are encouraged to stay for the prize giving and refreshments will be available.

**Course Q50/11** - Start on Marsh Road at Hamstreet (TR004327) under high power lines south of Mountain Farm entrance, proceed to Johnsons Corner to join A2070 (0.6miles). Proceed south on A2070 to Brenzett RAB (3.95miles). Take second exit at Brenzett RAB junction of A259/A2070/B2080 on to A259 and follow via Brookland RAB to East Guldeford where turn left via Camber to Lydd, skirting the town. Straight on at Lydd RAB to join the B2075 at 'T' junction where turn right (CARE) and proceed to Hammonds Corner where left onto A.259 to Brenzett RAB (25.34 miles) Take first exit to Brookland RAB and complete a second circuit via Camber and Lydd to Brenzett RAB (46.73 miles)

Take 3rd exit (CARE) onto A2070 to finish 12 metres north of lamppost No. UAT 005 at north end of lay-by, approx 100m south of Johnsons Corner. (50 miles)

## **EVENT PHOTOS**

**Barry Adams of CC Bexley will be present on the day to take photographs.**

**There is NO charge for these.**

**Please contact Barry on [Barr313@btinternet.com](mailto:Barr313@btinternet.com)**

**In your email please put your start number, colour detail – clothing cycle and your club.**

## START LIST

	Name		Class	Cat	Bike	Club	Vet Std	Start
<b>1</b>	Mark	Vowells	O	-	Tri	San Fairy Ann CC	-	<b>06:31</b>
<b>2</b>	Darren	Austin	O	-	Tri	Twickenham CC	-	06:32
<b>3</b>								06:33
<b>4</b>								06:34
<b>5</b>								06:35
<b>6</b>								06:36
<b>7</b>								06:37
<b>8</b>	Vernon	Thomas	O	Vet	TT	Greenwich Tritons Tri Club	02:50:42	06:38
<b>9</b>	Mike	Perry	O	Vet	TT	Thanet RC	02:48:50	06:39
<b>10</b>	Richard	Harris	O	Vet	RB	34 Nomads CC	02:20:17	<b>06:40</b>
<b>11</b>	Colin	Ashcroft	O	Vet	TT	West Kent RC	02:26:56	06:41
<b>12</b>	Tom	Richardson	O	Vet	TT	San Fairy Ann CC	02:29:46	06:42
<b>13</b>	Martin	Slater	O	Vet	TT	34 Nomads CC	02:19:42	06:43
<b>14</b>	Maria	Sparks	F	Sen	TT	Thanet RC	-	06:44
<b>15</b>	Stephen	Wilkinson	O	Vet	TT	Vanelli-Project GO	02:23:39	06:45
<b>16</b>	Simon	Henderson	O	Vet	TT	Thanet RC	02:26:04	00:46
<b>17</b>	Chantel	Coetzer	F	Vet	TT	Hainault RC	02:28:17	06:47
<b>18</b>	Benjamin	Jones	O	Vet	TT	Penge Cycle Club	02:21:33	06:48
<b>19</b>	Michael	Stanley	O	Vet	TT	Medway Velo Club	02:19:42	06:49
<b>20</b>	Chris	Jones	O	Vet	TT	Bynea Cycling Club	02:18:38	<b>06:50</b>
<b>21</b>	Huseyin	Vardal	O	Vet	TT	Gemini BC	02:19:09	06:51
<b>22</b>	Paul	Smith	O	Vet	TT	VeloRefined Rule5 Aerosmiths	02:19:42	06:52
<b>23</b>	Owen	Fletcher	O	Sen	RB	Ashford Whs	-	06:53
<b>24</b>	Ivana	Prokopova	F	Vet	TT	North Road CC	02:29:10	06:54
<b>25</b>	Matthew	Rowe	O	Sen	TT	Hitchin Nomads CC	-	06:55
<b>26</b>	Mark	Hill	O	Vet	TT	VeloRefined Rule5 Aerosmiths	02:22:13	06:56
<b>27</b>	Keith	Walker	O	Vet	TT	Wigmore CC	02:24:25	06:57
<b>28</b>	Mark	Cain	O	Vet	RB	Lungs 2 Legs	02:17:40	06:58
<b>29</b>	Ashley	Glass	O	Vet	TT	North Road CC	02:22:55	06:59
<b>30</b>	Nicholas	Fennell	O	Sen	TT	Thanet RC	-	<b>07:00</b>