



VETERANS TIME TRIALS ASSOCIATION (KENT GROUP)

Present a 10 Mile Time Trial on
Course Q10/30 (A299 Thanet Way)
(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)

Sunday 15 June 2025 at 07:00

START SHEET

Timekeepers: (Start) **Dave Abbotts** -
(Finish) Phil Booth – Medway Velo

Awards - Veteran Riders

1 st on age standard	£40
2 nd on age standard	£30
3 rd on age standard	£20
1 st Road bike on age standard	£20
Fastest Male Vet on actual time	£15
Fastest Female Vet on actual time	£15
1 st Club Team of two on Age Standard	£10 each + McMillan Shield (for one year)

Awards - Non-Veteran Riders

Fastest Male	£15
Fastest Female	£15

This event and the Group '10' on July 29 count for the Geoff Jones Trophy awarded for the greatest 'plus' across these two promotions.

Please note that only VTTA members are eligible for the veterans' awards listed above (including those on actual time). If you are over 40 and not yet a VTTA member, you can become eligible for these vets' awards by joining the VTTA online before the date of the event at: vtta.org.uk and bringing proof of membership with you on the day.

COMPETITORS NOTES

1. In the interest of safety, CTT Regulations state that ALL riders **MUST** wear recognised protective headgear that meets an internationally accepted safety standard.
2. **WORKING** front and rear lights, either flashing or constant, **MUST** be fitted to the machine at the start of the event.
3. **WITHOUT** lights or helmet you will **NOT BE PERMITTED** to start
4. Parking is **not permitted within 25 metres of the start** or at the finish.
5. Riders must not warm up on the course after the start.

6. It would be appreciated if riders do not wear shoe plates in the HQ.
7. Numbers will be available at the HQ and issued at signing on.
8. Numbers should be centrally positioned below the waist so as to be clearly visible from the rear.
9. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC anti-doping regulations.
10. Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations.

EVENT HQ/SIGN ON – St. Bartholomew's Church Hall, King Edward Ave, Herne Bay, CT6 6EB, on street parking ONLY. Open from 06:00 ish!!

HQ TO THE START – The Headquarters are 1.5 miles to the start. Turn left out of King Edward Ave onto Mickleburgh Hill, follow the road until it takes you across Blacksole bridge onto Margate Rd, this will lead you to the roundabout to gain access to the Thanet Way. Continue on Thanet way for about 0.5 miles then take the slip road for Reculver and turn left onto Sweeney Road where you will find the start.

Q10/30 COURSE DETAILS - Start at eastern end of 1st drain in May Street, just before entrance to Southern Water Services Depot (TR208673). Proceed via service road to join A299, continue on A299 to St Nicholas at Wade RAB, take 3rd exit to Monkton RAB (5.472 miles). Turn and retrace A299 to finish west of the Roman Galley PH on slip road to Chislet, 4 yards before last LP FUV010 before turning left on slip road (TR225676).

AT THE END OF THE RACE

Remember you must return to the event HQ as soon as possible, even if DNF, to sign out, return your number and check to see if you are required for DOPING CONTROL. Failure to sign out WILL result in DNF.

Refreshments will be available.

RESULTS

Do not approach the finish timekeeper after finishing.

Results will be available on the day (fingers crossed)!!! please hang around for the prize presentation 😊

EVENT SECRETARY: Robert Giles, 91 Park Way, Coxheath, Maidstone ME17 4EX

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	Name		Class	Cat	Bike	Club	Vet Std	Start
1	Vernon	Thomas	Open	Vet	TT	Greenwich Tritons Tri Club	00:32:01	07:01
2	Alice	Tulett	Fem	Vet	TT	Thanet RC	-	07:02
3	Emma	Tuffey	Fem	Vet	RB	San Fairy Ann CC	00:29:15	07:03
4	Mike	Perry	Open	Vet	TT	Thanet RC	00:32:01	07:04
5	Fiona	Howarth	Fem	Sen	TT	VC Deal	00:29:15	07:05
6	Michael	Coulter	Open	Vet	TT	Gravesend CC	00:31:09	07:06
7	Debbie	Percival	Fem	Sen	TT	Medway Velo Club	00:30:21	07:07
8	Colin	Inett	Open	Vet	TT	Thanet RC	00:33:21	07:08
9	Mike	Piper	Open	Vet	TT	San Fairy Ann CC	00:26:35	07:09
10	Anthony	Westwood	Open	Vet	TT	Gravesend CC	00:27:40	07:10
11	Alex	Milne	Open	Vet	TT	Rapha Cycling Club	00:26:15	07:11
12	Douglas	Tulett	Open	Vet	TT	Thanet RC	-	07:12
13	Tim	Kingston	Open	Vet	RB	GS Invicta - Eye Level Optical- Herbert Cycles	00:26:40	07:13
14	Mark	Vowells	Open	Vet	Tri	San Fairy Ann CC	00:32:09	07:14
15	Matt	Steel	Open	Vet	TT	Pronto Bikes	00:26:35	07:15
16	Stephen	Wilkinson	Open	Vet	TT	Vanelli-Project GO	00:27:40	07:16
17	Simon	Henderson	Open	Vet	TT	Thanet RC	00:28:05	07:17
18	Martin	Brown	Open	Vet	TT	7Oaks Tri Club	00:28:24	07:18
19	Mark	Thurlow	Open	Vet	RB	Shaftesbury CC	00:26:18	07:19
20	Samuel	Thienel	Open	Sen	TT	Elysium Kalas Race Team	-	07:20
21	Mark	Hill	Open	Vet	TT	VeloRefined Rule5 Aerosmiths	00:27:24	07:21
22	David	Prom	Open	Yth	TT	San Fairy Ann CC	00:27:10	07:22
23	Maria	Sparks	Fem	Vet	TT	Thanet RC	-	07:23
24	Dave	Richards	Open	Sen	RB	San Fairy Ann CC	00:26:18	07:24
25	Nicholas	Fennell	Open	Vet	TT	Thanet RC	-	07:25