

KENT CYCLING ASSOCIATION

Honorary President for 2024: Ann Burden

## **10 Mile Time Trial**

(Promoted by Ashford Wheelers Cycling Club for and on behalf of the KCA and Cycling Time Trials. The event is promoted under the Rules and Regulations of Cycling Time Trials)

### Sunday 18<sup>th</sup> August 2024

#### Course: Q10/1

Start: 7.00 am

**Event Secretary:** 

Lee Buckman 07973 137398 thebumblebucko@gmail.com

Start Timekeeper: Finish Timekeeper : Marshals : Mr Doug Finch Mr David Abbotts Ashford Wheelers CC

**Event Headquarters:** Hamstreet Sports Pavilion, Hamstreet, Nr Ashford. Kent TN26 2HX Be aware of the height barrier at the entrance to the car park!

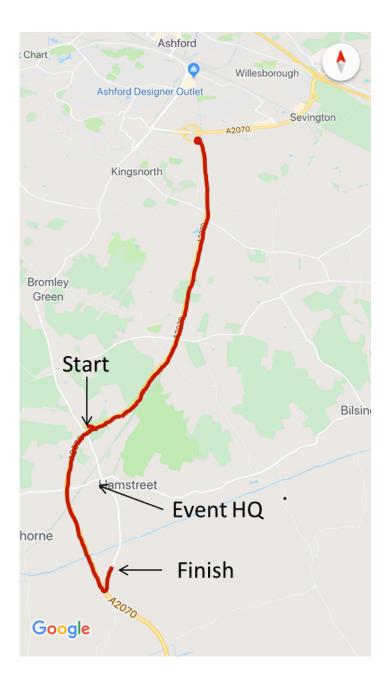
#### **Directions To Start From HQ**

Turn left out of the road from the HQ and ride straight on up the hill past Hamstreet Railway Station, after reaching the road bridge turn right into the link road, you will then see the start on the left.

#### **Course Details Q10/1**

Hamstreet - Cloverleaf - Johnsons Corner (A2070).

Start at manhole cover approximately 75 yards west of Junction between link road from Ashford Road (north of Hamstreet Village) and the A2070. Proceed eastwards and turn left onto A2070 and proceed North over Bridgefield RAB to Cloverleaf RAB, turn and retrace south on A2070 to Johnsons Corner where left onto old A2070 towards Hamstreet village to finish approximately 50 yards before bridge over Royal Military Canal. (Distance 10.05 miles)



#### **Course Map**

#### **Information For Competitors**

Please take some time to read through the notes below, especially those relating to lights and helmets. If you are competing as part of the 'Road Bike' event please also read through the KCA rules for such events.

#### General

- No rider should use a turbo trainer or rollers in the HQ parking area or adjacent roads within 50 metres of a domestic property. Failure to comply rider risks disqualification from the event.
- Keep noise to a minimum to avoid unnecessary disturbance of local residents.
- Riders should not arrive at the start any more than 5 minutes before their alloted start time.
- No warming up on the course once the event has started.
- Numbers will be at HQ.
- Riders are required to sign on before collecting their number and also to sign back at the end of the event. Failure to sign back will result in a DNF on the results.
- Please ensure that you pin your number on your lower back. If you pin it too high on your back the timekeeper may miss it and you could be shown as DNF on the result.
- Whilst competing, riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from breaches to these regulations.

#### Helmets & Lights

- All competitors must wear a properly affixed helmet, which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.
- No competitor shall be permitted to start the event unless they have affixed BOTH front & rear lights to their machine. Both lights must be either flashing or constantly illuminated and in a position that is clearly visible to other road users.

#### KCA Road Bike Event Regulations

- No aerobars, clip on aerobars or aero extensions can be used.
- Hands must be holding the handlebars at all times whilst racing (i.e. not with forearms resting on the handlebar).
- Legs must only be covered to mid shin (same in TT)
- Wheels may have no more than 90mm rim depth and must have at least 12 spokes.
- Helmets must have no visor
- Ears must not be covered by the helmet. (Giro Aerohead type helmets are not permitted. No aero TT helmets)

#### Awards/Prizes

# Please be aware that this event is an association event. To be eligible for prizes your club must be affiliated to the KCA.

# One prize per rider. In the event a rider is the winner of an event prize and an age category prize they would receive the higher value prize and the age category prize goes to the 2<sup>nd</sup> fastest in that age category.

	TT Event		Road Bike Event			Age Prizes	
	Male	Female		Male	Female	40 – 50 51 – 60	£10 £10
1st	£25	£25	1st	£20	£20	61 – 70	£10
2nd	£20	£20	2nd	£15		71 – 80	£10
3rd	£15	£15	3rd	£10		81 +	£10

#### **ROAD BIKE EVENT**

No	Start	Name	Club	Gender	Category
1	07:01	Dave Richards	Abellio - SFA Racing Team	Male	Veteran
2	07:02	Mark Houlden	34 Nomads CC	Male	Veteran
3	07:03	Jeremy Page	Southborough & Dist. Whs	Male	Veteran
4	07:04	Eryka Smith	VC Deal	Female	Veteran
5	07:05	Mark Cain	Abellio - SFA Racing Team	Male	Veteran
6	07:06	Matthew Smith	VC Deal	Male	Veteran
7	07:07	Mark Amon	Rye & District Wheelers CC	Male	Veteran
8	07:08	Phil Fletcher	Ashford Whs	Male	Veteran
9	07:09	Anthony Langley	West Kent RC	Male	Veteran
10	07:10	Paul Burrows	Thanet RC	Male	Veteran
			GS Invicta - Eye Level Optical-		
11	07:11	Tim Kingston	Herbert Cycles	Male	Veteran
12	07:12	Paul Flaherty	VC Deal	Male	Veteran
13	07:13	Kevin Austen	34 Nomads CC	Male	Veteran
14	07:14	Emma Claydon	Ashford Whs	Female	Veteran

#### TT EVENT

No	Start	Name	Club	Gender	Category
15	07:15	Samuel Robinson	Ashford Whs	Male	Senior
16	07:16	Kevin Wolff	Old Portlians CC	Male	Veteran
17	07:17	Maria Sparks	Ashford Whs	Female	Senior

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18	07:18	Colin Ashcroft	West Kent RC	Male	Veteran
19	07:19	Rebecca Wilson	Rye & District Wheelers CC	Female	Veteran
20	07:20	Huseyin Vardal	Gemini BC	Male	Veteran
21	07:21	Simon Henderson	Thanet RC	Male	Veteran
22	07:22	Mark Wright	Ashford Whs	Male	Veteran
23	07:23	Andy Burrows	Thanet RC	Male	Veteran
24	07:24	Tim Miles	Hastings & St. Leonards CC	Male	Veteran
25	07:25	Pete Elms	Thanet RC	Male	Veteran
26	07:26	Andy Robinson	Ashford Whs	Male	Veteran
27	07:27	Hannah Graveney	Doltcini O'Shea Cycle Division	Female	Senior
28	07:28	Laurence Toombs	West Kent RC	Male	Veteran
29	07:29	Shay Giles	Thanet RC	Male	Veteran
30	07:30	Steve Gooch	Rye & District Wheelers CC	Male	Veteran
31	07:31	Jon Hollidge	Ashford Whs	Male	Veteran
32	07:32	Michael Stanley	Medway Velo Club	Male	Veteran
33	07:33	Tom Richardson	San Fairy Ann CC	Male	Veteran
34	07:34	Colin Inett	Thanet RC	Male	Veteran
35	07:35	Paul King	Verulam CC	Male	Veteran
36	07:36	Mick Claydon	Ashford Whs	Male	Veteran
37	07:37	Jonathan Graciano	Medway Velo Club	Male	Veteran
38	07:38	Mark Thomas	Bigfoot CC	Mal	Veteran
39	07:39	Julian Scutter	East Grinstead CC	Male	Veteran
40	07:40	Mark Hill	VeloRefined Rule 5	Male	Veteran
41	07:41	Michael Ashcroft	West Kent RC	Male	Senior
42	07:42	Rob Sparks	Ashford Whs	Male	Veteran
43	07:43	Debbie Percival	Medway Velo Club	Female	Veteran
44	07:44	Fiona Howarth	VC Deal	Female	Veteran
45	07:45	Marek Sasura	GS Avanti	Male	Veteran
46	07:46	Nick Wilson	Rye & District Wheelers CC	Male	Veteran
47	07:47	Nicholas Fennell	Thanet RC	Male	Senior