

VETERANS TIME TRIALS ASSOCIATION (KENT GROUP)

50 Mile Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

VTTA Kent Group Championships, BBAR & ECCA BAR Counting Event

Incorporating the Tricycle Association (South Eastern Region) Stan Spelling Memorial '50'

Course Q50/11 Ham Street - Brenzett - Brookland - Lydd - Brenzett - Ham Street

Sunday 7 July 2024 at 06.30

START SHEET

Timekeeper:

(Start & Finish) Paul Mepham - VTTA (Kent Grp.)

VTTA Awards - Veteran Riders

1 st on age adjusted time 2 nd on age adjusted time 3 rd on age adjusted time	£30 £20 £10				
Fastest Male Vet on actual time Fastest Female Vet on actual time	£15 £15				
1 st Road bike on age adjusted time	£20				
Fastest Open Vet on actual time Fastest Female Vet on actual time	£15 £15				
1st Club Team of two on Age Standard					

VTTA Awards - Non-Veteran Riders

Fastest Male £15 Fastest Female £15

Please note that VTTA members only are eligible for the veterans' awards listed above (including those on actual time). If you are over 40 and not yet a VTTA member, you can become eligible for these vets' awards by joining the VTTA online before the date of the event at: vtta.org.uk and bringing proof of membership with you on the day.

Tricycle Association Award

1st fastest to hold the Stan Spelling Memorial Shield for one year.

TA EVENT SECRETARY:

Mark Vowells Penny Green, Round Street Cobham, Kent.DA13 9BA Tel: 01474 393402

Email - Markvowells@hotmail.co.uk

VTTA EVENT SECRETARY:

Robert Giles 91 Park Way, Coxheath Maidstone, Kent. ME17 4EX Mobile 07905 086613.

Email - robertggiles@icloud.com VTTA (Kent Grp.)

COMPETITORS NOTES

Covid-19 is still around and the CTT still have some guidance in place as follows:

Competitors should not attend if they feel ill in ANY way especially if they, or family members have any CV19 symptoms.

An elevated resting heart rate, or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and that they should DNS and leave immediately and not go to the start line if they feel this is the case. Any competitor where the above is relevant should obtain a lateral flow test. Competitors are encouraged to undertake a lateral flow test prior to attending the event.

Any Positive Tests - The competitor should not attend the event.

Spectators and officials are encouraged to undertake a lateral flow test before attending the event.

- 1. ALL riders wear recognised protective headgear that meets an internationally accepted safety standard.
- 2. WORKING front and rear lights, either flashing or constant, MUST be fitted to the machine at the start.
- 3. Parking is **not permitted in the vicinity of the start** or at the finish.
- 4. The start is about 400 metres from the event HQ, allow yourself at least 5 minutes to ride there.
- 5. Riders must not warm up on the course after the start.
- 6. It would be appreciated if riders do not wear shoe plates within the HQ.
- 7. Numbers will be at the HQ and issued at signing on.
- 8. Numbers should be centrally positioned below the waist so as to be clearly visible from the rear.
- 9. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC anti-doping regulations.
- 10. Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations.

EVENT HQ – Ham Street Sports Pavilion, Ham Street, Ashford, Kent TN26 2JH.

Post Code – TN26 2JH What3Words – misfits.headset.vacancies

SIGNING ON

Parking spaces are not allocated - please park as quickly and quietly as possible. Once parked, go to the pavilion, sign on and collect your race number. Changing facilities and toilets are available.

Turbo warmups are permitted.

HQ TO THE START - Turn right out of the car park and continue for 400 metres to reach the start.

AT THE END OF THE RACE

Remember you must return to the event HQ as soon as possible, even if DNF, to sign out, return your number and check to see if you are required for **DOPING CONTROL**.

Failure to sign out WILL result in DNF.

RESULTS

Do not approach the timekeeper after finishing.

Results will be available on the day and will be published as soon as possible.

You are encouraged to stay for the prize giving and refreshments will be available.

Course Q50/11 - Start on Marsh Road at Hamstreet (TR004327) under high power lines south of Mountain Farm entrance, proceed to Johnsons Corner to join A2070 (0.6miles). Proceed south on A2070 to Brenzett RAB (3.95miles). Take second exit at Brenzett RAB junction of A259/A2070/B2080 on to A259 and follow via Brookland RAB to East Guldeford where turn left via Camber to Lydd, skirting the town. Straight on at Lydd RAB to join the B2075 at 'T' junction where turn right (CARE) and proceed to Hammonds Corner where left onto A.259 to Brenzett RAB (25.34 miles) Take first exit to Brookland RAB and complete a second circuit via Camber and Lydd to Brenzett RAB (46.73 miles)

Take 3rd exit (CARE) onto A2070 to finish 12 metres north of lamppost No. UAT 005 at north end of lay-by, approx 100m south of Johnsons Corner. (50 miles)

EVENT PHOTOS

Barry Adams of CC Bexley will be present on the day to take photographs.

There is NO charge for these.

Please contact Barry on Barr313@btinternet.com

In your email please put your start number, colour detail – clothing cycle and your club.



David Hayward

Please contact David on https://www.davehaywardphotos.com/Cycling

START LIST

	Name		Class	Cat	Club	Vet Std	Start
1	Richard	Bailey	Open	Vet	Redhill CC	02:28:28	06:31
2	Mark	Vowells	Open	Vet	San Fairy Ann CC	02:34:58	06:32
3	NO	RIDER					06:33
4	Angela	Dyson	Fem	Sen	East Grinstead CC	-	06:34
5	Vernon	Thomas	Open	Vet	Greenwich Tritons Tri Club	02:48:23	06:35
6	Domie	Pollard	Fem	Vet	East Grinstead CC	02:29:45	06:36
7	Chris	Parker	Open	Vet	Hastings & St. Leonards CC	02:31:31	06:37
8	Francine	Davis	Fem	Vet	East Grinstead CC	02:31:47	06:38
9	Owen	Davis	Open	Sen	Southborough & Dist. Whs	-	06:39
10	Ben	Hardisty	Open	Vet	East Grinstead CC	02:28:28	06:40
11	David	Wrathall	Open	Vet	Greenwich Tritons Tri Club	02:15:03	06:41
12	Julian	Scutter	Open	Vet	East Grinstead CC	02:29:26	06:42
13	Daniel	Quinn	Open	Vet	Addiscombe CC	02:15:22	06:43
14	Matt	Nunn	Open	Sen	Medway Velo Club	-	06:44
15	Neil	Harrigan	Open	Vet	Gemini BC	02:17:47	06:45
16	Martin	Kober	Open	Vet	Abellio - SFA Racing Team	02:14:47	00:46
17	Victoria	Smith	Fem	Sen	Alba `development Road Team	-	06:47
18	Andrew	Besanko	Open	Vet	Southborough & Dist. Whs	02:15:22	06:48
19	Colin	Ashcroft	Open	Vet	West Kent RC	02:25:45	06:49
20	Samuel	Robinson	Open	Vet	Ashford Whs	-	06:50
21	Paul	Smith	Open	Vet	VeloRefined Rule 5	02:18:49	06:51
22	Anthony	Westwood	Open	Vet	Gravesend CC	02:22:37	06:52
23	Benjamin	Jones	Open	Vet	Penge Cycle Club	02:20:35	06:53
24	Michael	Coulter	Open	Vet	Gravesend CC	02:41:46	06:54
25	Chris	Jones	Open	Vet	Bynea Cycling Club	02:17:47	06:55
26	Paul	Tippett	Open	Vet	Destination Bike RT	02:17:47	06:56
27	Mark	Cain	Open	Vet	Abellio - SFA Racing Team	02:16:52	06:57
28	Maria	Sparks	Fem	Vet	Ashford Whs	-	06:58
29	Michael	Stanley	Open	Vet	Medway Velo Club	02:18:49	06:59
30	Nicholas	Fennell	Open	Sen	Thanet RC	-	07:00
31	Paul	Burrows	Open	Vet	Thanet RC	02:16:27	07:01
32	Simon	Henderson	Open	Vet	Thanet RC	02:24:55	07:02
33	Tim	Kingston	Open	Vet	GS Invicta - Eye Level Optical- Herbert Cycles	02:17:19	07:03
34	Michael	Philpot	Open	Vet	Royal Navy Cycling (RNC)	02:25:45	07:04
35	Anthony	Jones	Open	Vet	VMCC powered by Y Beic	02:18:18	07:05