
25 Mile Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations by
The Kent Cycling Association & organised by Thanet RC

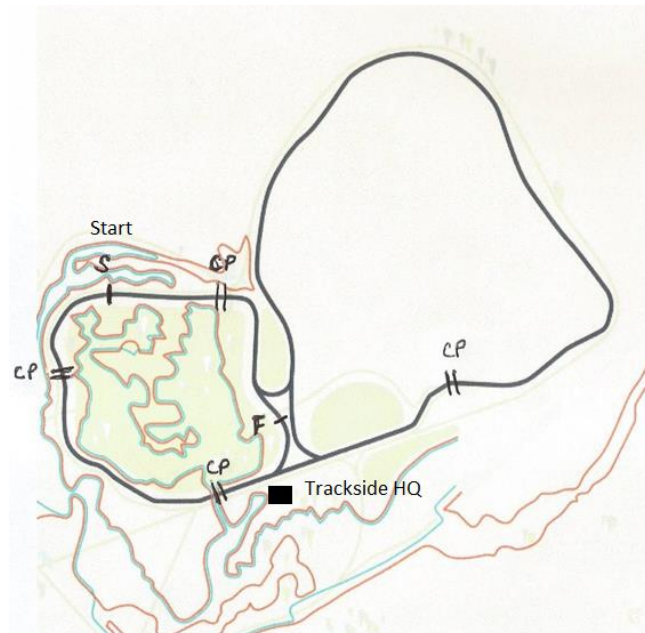
Sunday 16th July 2023

Course Q25/42 Start time 7am – Circuit use closes 9am

HQ: Track-side Building at Betteshanger Country Park.

To find the park, take the A258 between Deal and Sandwich to the Betteshanger access roundabout, where the Park is clearly signposted. Do not follow signs from the A258 to Betteshanger village and Community Park.

Course Details: Q25/42 Start (marked below "S") on the far straight approx. 50 yards from the first bend. Continue anti-clockwise for 12 laps of the full circuit then continue to finish in the first slip road (25 miles). Start and finish points are both clearly marked on the road. Finish is the same as used for 10-mile events. 1 full lap = 2.04 miles X 12 laps = 24.48 miles + 0.52 miles to the finish.



Event Secretary:

Michael Friend: Thanet RC – 11 Quex View Road, Birchington, Kent CT7 0DZ

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Timekeepers: Andrew McCall & Dave Mastin - Thanet RC

General Notes:

1. THERE WILL BE NO WARMING UP ON THE CIRCUIT AFTER THE EVENT HAS STARTED.
2. There is plenty of room for turbo trainers on the concrete ramp adjacent to the start area and the trackside hut area.
3. Take care when moving to the start area and keep to the right when passing through the start area.
4. Take care when passing slower riders avoiding passes on the inside of bends (a verbal warning helps). Please loudly state "On Your Right" if passing a slower rider on their right, and vice-versa.
5. The circuit is just over 2 miles to the lap. On the final lap turn left into the slip road to the finish.
6. **Numbers will be issued in the carpark area but returned to the HQ area post event.**
7. All riders are required to sign on before collecting their number and sign out after finishing.
8. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC anti-doping regulations.
9. Lights are still apparently required for circuit-based events.
10. Riders will risk disqualification if they use the start or finish areas as a public toilet.
11. The new facilities have toilets and changing areas which you can use.
12. ALL RIDERS ARE REQUIRED TO WEAR A HARD-SHELL HELMET THAT MEETS AN INTERNATIONAL ACCEPTED STANDARD NO HELMET NO RIDE.
13. Please use the Park in accordance with parking rules (this includes any parking fees if they apply).
14. For youth riders a designated responsible adult must attend to ensure their safeguarding is maintained whilst at the park engaged in this event.

Road Bike Regulations Only applies to KCA Road Bike Event:

1. No aerobars, clip on aerobars or aero extensions can be used
2. Hands must be holding the handlebars at all times whilst racing (i.e., not with forearms resting on the handlebar)
3. Legs must only be covered to mid-shin
4. Wheels may have no more than 90mm rim depth and must have at least 12 spokes
5. Helmets must not have a visor
6. Ears must not be covered by the helmet (no aero TT helmets).

Covid 19 Advice:

PLEASE DO NOT ATTEND THE EVENT IF YOU OR ANY MEMBER OF YOUR SUPPORT CREW OR FAMILY SHOWS SYMPTOMS OF COVID 19 OR FEEL UNWELL.

EVENT AWARDS:

The fastest riders will be awarded £5 prize money per rider including teams. Prizes will be made in all qualifying category unless there is no rider in a category and then the prize will not be awarded. One prize per rider.

Time Trial Bicycle

Fastest Adult Male & Female
Fastest Junior Male & Female

Road Bicycle

Fastest Male & Female
Fastest Junior Male & Female

Vet Awards will be made according to fastest rider per age category

40 – 50 Fastest Adult Male & Female
50 – 60 Fastest Adult Male & Female
60 – 70 Fastest Adult Male & Female
70 plus Fastest Adult Male & Female

Trike – Fastest Male & Female

Please note that I will calculate vet standard times BUT these WILL NOT be used to award prizes.

Prize money may be distributed on the day or you will be contacted after the event.

Thank you to all the marshals, timekeepers and others that supported the organisation and undertaking of the event.

VERY IMPORTANT NOTES:

Due to the nature of this course being a loop there are some special requirements to ensure everyone's safety and smooth running of this event.

1. THERE WILL BE NO WARMING UP ON THE CIRCUIT AFTER THE EVENT HAS STARTED.
2. HOWEVER, we realise that getting from the top of the slope to the start will involve cycling around the track, therefore
 - a. Please ensure you do so with utmost safety.
 - b. Keep to the outside of the corners.
 - c. Be extra vigilant of faster riders who have already started their ride coming up behind you.
 - d. Be aware of calls from behind and do not over react keeping to a smooth riding line avoiding erratic deviations.
3. The preferred method of getting to the start would be to WALK to the trackside hut area, then cross the track to the finish line cut through before joining the racing track at the "hairpin". From this point keep to the right-hand side of the track and the start is along the straight around the next corner. Please see the map on page one of this document, the start is marked "S".

Please note these start sheets are in addition to the official start sheets issued by CTT. Event results will be compiled and announced as soon as possible after the overall event.

Number	Start Time	Firstname	Lastname	Club	Gender	Category
1	07:01:00	Terry	Fearn	Thanet RC	Male	Veteran
2	07:02:00	Nina	Reid	Thanet RC	Female	Juvenile
3	07:03:00	Jennifer	Fearn	Thanet RC	Female	Veteran
4	07:04:00	John	Simpson	VC Deal	Male	Veteran
5	07:06:00	Sally	Smith	Medway Velo Club	Female	Veteran
6	07:06:00	Aiga	Kolosova	Medway Velo Club	Female	Senior
7	07:07:00	Lawson	Bax	Thanet RC	Male	Juvenile
8	07:08:00	Sebastian	Mugford	VC Deal	Male	Juvenile
9	07:09:00	Peter	Huckstep	Thanet RC	Male	Veteran
10	07:10:00	Christopher	Bax	Thanet RC	Male	Veteran
11	07:11:00	Faye	Faiers	Thanet RC	Female	Veteran
12	07:12:00	Alexander	Bellinger	Dulwich Paragon CC	Male	Senior
13	07:13:00	James	Harrison	Hythe Cycling Club	Male	Veteran
14	07:14:00	Douglas	Tulett	Thanet RC	Male	Juvenile
15	07:15:00	Andy	MacPherson	VC Deal	Male	Veteran
16	07:16:00	Michael	Stanley	Medway Velo Club	Male	Veteran
17	07:17:00	Russ	Cook	Southborough & Dist. Whs	Male	Veteran
18	07:18:00	Michael	Philpot	Royal Navy & Royal Marines CA	Male	Veteran
19	07:19:00	Martin	O'Grady	VC Deal	Male	Veteran
20	07:20:00	Simon	Henderson	Thanet RC	Male	Veteran
21	07:21:00	Alex	Milne	Ashford Tri Club	Male	Veteran
22	07:22:00	Dean	Chapman	VC Deal	Male	Senior
23	07:24:00	Alex	Pearson	Woolwich CC	Male	Veteran
24	07:24:00	Nick	Elson	Woolwich CC	Male	Veteran
25	07:25:00	Sam	Hodge	Thanet RC	Male	Espoir
25	07:27:00	Ed	Blowers	VC Deal	Male	Senior
26	07:27:00	Dave	Carter	VC Deal	Male	Veteran
27	07:27:00	Lewis	Barnes	VC Deal	Male	Senior
29	07:29:00	Jennifer	George	HUUB WattShop	Female	Veteran
30	07:30:00	Mathew	Lister	Thanet RC	Male	Veteran
31	07:31:00	Pete	Elms	VC Deal	Male	Veteran
32	07:32:00	Nicholas	Fennell	Thanet RC	Male	Senior