



VETERANS TIME TRIALS ASSOCIATION (KENT GROUP)

Present the Mick Dansie Memorial 10 Mile Time Trial
Course Q10/24 (Grain-Fenn Corner-Grain)
(Promoted for and on behalf of Cycling Time Trials under their rules and regulations)

Saturday 25th March 2023 at 15.00 (3pm)

Start Sheet

Timekeepers: (Start) Phil Booth – Medway Velo Club
(Finish) David Mackey – Medway Velo Club

Awards – Veteran Riders

1 st on Age Adjusted Time	£30
2 nd on Age Adjusted Time	£20
3 rd on Age Adjusted Time	£15
4 th on Age Adjusted Time	£10
5 th on Age Adjusted Time	£5

Fastest Male Vet on actual time	£30
2 nd Fastest Male Vet on actual time	£20
Fastest Female Vet on actual time	£30
2 nd Fastest Female Vet on actual time	£20

1st Club Team of Two on Age Adjusted Time £15 each.

Awards – Non-Veteran Riders

Fastest Non-Vet on actual time	£30
Second Fastest Non-Vet on actual time	£20
Third Fastest Non-vet on actual time	£15

Please note that only VTTA members are eligible for the veterans' awards listed above (including those on actual time). If you are over 40 and not yet a VTTA member, you can become eligible for these vets' awards by joining the VTTA online before the date of the event at: vttta.org.uk and bringing proof of membership with you on the day.

COMPETITORS NOTES

1. Please note that following an amendment to Regulation 14 at the CTT National Council AGM in December 2021 **it is now compulsory for each rider to have a working white front and red rear light, steady or flashing, on their machine when they start in all CTT events.**
2. Following an amendment to Regulation 15 at the CTT National Council AGM in December 2021 **it is now compulsory for ALL riders to wear recognised standard protective headgear that meets an internationally accepted safety standard.**
3. **Failure to have a working front & rear light and to be wearing recognised standard protective headgear on the start line will result in you not being allowed to start the event.**
4. Parking is **not permitted at the start or at the finish.**
5. The event HQ is about 3 miles from the start, allow yourself at least 25 minutes to ride there.
6. It would be appreciated if riders do not wear shoe plates in the HQ.
7. There will be a pusher off available to all competitors but please politely decline should you wish not to be pushed off.
8. Numbers should be centrally positioned below the waist so as to be clearly visible from the rear.
9. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with BritishCycling to satisfy UCI, CTT and BC anti-doping regulations.
10. Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations.

EVENT HQ:– Lower Stoke Village Hall, Mallard Way, Lower Stoke, Rochester, Kent, ME3 9ST
Open from 13.30 (1.30pm).

SIGNING ON

The signing on and collection point for your number will be at Lower Stoke Village Hall. You must sign on personally before you are able to collect your number, no other person may sign on your behalf.

Turbo warmups are permitted in afternoon events but please be respectful to the local residences and use the Village Hall Car Park for your warmup area.

HQ TO THE START - Turn right out of the village hall car park, right onto Cuckolds Green Road & Grain Road. At the junction with A228 turn left and follow the main road for 2.5 miles through the finish area to reach the start.

AT THE END OF THE RACE

Please note that Regulation 17(b) requires that a rider who fails to sign the official signing out sheet shall be recorded as DNF. Please ensure you check to see if you are required for DOPING CONTROL.

Refreshments will be available in the hall.

RESULTS

Do not approach the finish timekeeper after finishing. The results will be available as soon as possible after the event has finished and I will be holding a prize presentation for the winners of the prizes in the Village Hall at the end of the event.

Q10/24 COURSE DETAILS - Start on A.228 west of Grain village 14 metres north of the lamppost GFY26 on the Strood bound carriageway, by a minor access road to the National Grid site, where the continuous white road edge line starts. Proceed west on A228 to turn at Fenn Corner roundabout (5.07 miles). (M) Retrace on A.228 to finish directly opposite the lamppost GFY19 situated on Strood bound carriageway. (10 miles)

EVENT SECRETARY: David Mackey, 24 Forest Drive, Chatham, Kent, ME5 9PD
07913 658 336, d.mackey1971@outlook.com

Open 10 Mile TT - Saturday 25th March 2023 - Riders List

<u>Number</u>	<u>Start Time</u>	<u>Firstname</u>	<u>Lastname</u>	<u>Club</u>	<u>Gender</u>	<u>Category</u>
1	15:01:00	Catherine	Pinchen	Greenwich Tritons Tri Club	Female	Veteran
2	15:02:00	Douglas	Tulett	Thanet RC	Male	Juvenile
3	15:03:00	Charles	Bruce	Medway Velo Club	Male	Veteran
4	15:04:00	Vernon	Thomas	Greenwich Tritons Tri Club	Male	Veteran
5	15:05:00	Andy	Grant	Chelmer CC	Male	Veteran
6	15:06:00	Richard	Birtwhistle	Sydenham Whs	Male	Veteran
7	15:07:00	Morgan	Saunders	Hart Performance Coaching	Male	Junior
8	15:08:00	Sally	Smith	Medway Velo Club	Female	Veteran
9	15:09:00	Marc	Morley-Freer	Greenwich Tritons Tri Club	Male	Veteran
10	15:10:00	Gary	Grayland	CC Bexley	Male	Veteran
11	15:11:00	David	Bagdan	Oxonian CC	Male	Senior
12	15:12:00	Sam	Day	CS Grupetto	Male	Veteran
13	15:13:00	Shay	Giles	Thanet RC	Male	Veteran
14	15:14:00	Millar	Maxwell	Brixton Cycles Club	Male	Senior
15	15:15:00	Matthew	Smith	Colour Tech RT	Male	Veteran
16	15:16:00	Paul	McDaid	Southborough & Dist. Whs	Male	Veteran
17	15:17:00	Paul	Flaherty	VC Deal	Male	Veteran
18	15:18:00	Michael	Stanley	Medway Velo Club	Male	Veteran
19	15:19:00	Tiago	Vespoli	Greenwich Tritons Tri Club	Male	Senior
20	15:20:00	Matthew	Saunders	Team Vision Racing - Silverhook	Male	Veteran
21	15:21:00	Huseyin	Vardal	Gemini BC	Male	Veteran
22	15:22:00	Mark	Vowells (Tricycle)	San Fairy Ann CC	Male	Veteran Trike
23	15:23:00	Fiona	Howarth	VC Deal	Female	Veteran
24	15:24:00	Harry	Buckle	Greenwich Tritons Tri Club	Male	Senior
25	15:25:00	Paul	Turton	Team Vision Racing - Silverhook	Male	Veteran
26	15:26:00	Gary	Record	West Kent RC	Male	Senior
27	15:27:00	Matt	Nunn	Medway Velo Club	Male	Senior
28	15:28:00	Andy	MacPherson	VC Deal	Male	Veteran
29	15:29:00	Mike	Perry	Thanet RC	Male	Veteran
30	15:30:00	Jacob	Storey	trainSharp	Male	Senior
31	15:31:00	Myles	Davidson	Bigfoot CC	Male	Veteran
32	15:32:00	James	Harrison	Hythe Cycling Club	Male	Veteran
33	15:33:00	Duncan	Hope	Greenwich Tritons Tri Club	Male	Veteran
34	15:34:00	Tom	Richardson	San Fairy Ann CC	Male	Veteran
35	15:35:00	Rob	Young	Shaftesbury CC	Male	Veteran
36	15:36:00	Antony	Bee	Wigmore CC	Male	Veteran
37	15:37:00	Steve	Gooch	Rye & District Wheelers CC	Male	Veteran
38	15:38:00	Andy	Burrows	Thanet RC	Male	Veteran
39	15:39:00	Jennifer	Tomblin	Greenwich Tritons Tri Club	Female	Veteran
40	15:40:00	Nicholas	Trbovic	Elysium Kalas Race Team	Male	Senior
41	15:41:00	Dan	Jenkins	Hart Performance Coaching	Male	Veteran
42	15:42:00	Len	Delicaet	VC de Londres	Male	Veteran
43	15:43:00	Christopher	Bax	Thanet RC	Male	Veteran
44	15:44:00	James	Jenkins	Richardsons-Trek RT	Male	Senior
45	15:45:00	Anthony	Westwood	Gravesend CC	Male	Veteran
46	15:46:00	Reuban	Davey	Abellio - SFA Racing Team	Male	Espoir