



# WEST KENT ROAD CLUB

## Open 25 mile Time Trial 18 September 2022 @ 07:45 Course Q25/8 Peter & Gill Stone Memorial Trophy

THIS EVENT IS PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS

**Event Secretary:** Laurence Toombs - 07745000782

**Timekeepers:** Paul Mepham V.C. Elan. Roy Canning CC Bexley

**Event HQ:** Old Wives Lees Village Hall, Long Hill, Old Wives Lees, Canterbury, Kent. CT4 8BN. Open from 06:30  
Strictly no turbo warm-ups at HQ. There are plenty of lay-bys along A252. Please respect the neighbours and keep noise to a minimum.

**NOTE:** HQ is about 1.5 miles from the start, West of Chilham on the A252 so allow plenty of time to get to the start. Turn left out of HQ to bottom of hill. Straight over crossroads and then right at T-junction. BEWARE OF COMPETITORS FROM THE RIGHT. Proceed along A252 to the start.

No warming up on the course after the event has started.

Riders are to wait in Shottenden Lane near the start, please arrive no more than five minutes before your start time. No parking at the start except for start time-keeper.

When you pass the finish Timekeeper, you will need to u-turn to get back to HQ. Take extreme care as other competitors may be on the course from either direction. DO NOT approach the Timekeeper. Results will be available at HQ.

**Course Details:** Q25/8. Challock – Canterbury - Ashford - Chilham

Start on A252 east of Molash at the corner post of Northdown House at entrance to Shottenden Lane (TR 032521). Proceed east on A252 and A28 to Milton Manor RAB Thannington (6.726 miles) (M). Turn and retrace on A28, via Chilham Fork (M) where turn left (Extreme Care) to Spearpoint Corner RAB (17.126 miles) (M). Retrace to Chilham Fork (M) where left to to rejoin A252. Proceed westward to finish approximately 290 yards past Chilham Castle Keep entrance (TQ 063534). (25.00 miles)

### Awards: - One Prize per Rider

**Men:** 1<sup>st</sup> £25, 2<sup>nd</sup> £20, 3<sup>rd</sup> £15

**Ladies:** 1<sup>st</sup> £25, 2<sup>nd</sup> £20, 3<sup>rd</sup> £15

**Veterans:** 1<sup>st</sup> £25 2<sup>nd</sup> £20 3<sup>rd</sup> £15

**Juniors:** 1<sup>st</sup> £25 2<sup>nd</sup> £20 3<sup>rd</sup> £15

### Notes to Riders

1. CTT regulations require that ALL competitors must wear recognised protective headgear that meets an internationally accepted safety standard.

2. **WORKING** lights, either flashing or constant, both front and rear, **MUST** be fitted to the machine at the start of the event. NO LIGHTS, NO RIDE!
  
3. Riders must not warm up on the course. Do not turn in sight of the start and finish areas.
4. Numbers will be at the HQ and issued at signing on.
5. Numbers should be centrally positioned below the waist so as to be clearly visible from the rear.
6. You must return to the event HQ as soon as possible, even if DNF, to sign out and check to see if you are required for **DOPING CONTROL**. **Failure to sign out WILL result in DNF**.
7. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC anti-doping regulations.
8. Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations.

#### **SIGNING ON**

Parking spaces are not allocated. Please park as quickly and quietly as possible.

Turbo warm-ups are not permitted in the HQ car park. If using a turbo you should not be within 50 metres of a domestic property.

#### **AT THE END OF THE RACE**

Please remember to sign out. Failure to do so will result in DNF.

Refreshments will be available, donations gratefully accepted.

**Thank you for entering the West Kent Road Club Open 25. Have a safe and enjoyable race.**