



**VETERANS TIME TRIALS ASSOCIATION
(KENT GROUP)**

10 Mile Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

VTTA Kent Group Championships

Course Q10/1

Ham Street – Cloverleaf – Johnsons Corner (A2070)

Sunday 30 July 2022 at 07.00

START SHEET

Timekeeper:

Start: Mick Morris – CC Bexley

Finish: Mark Vowells – San Fairy Ann CC

Awards - Veteran Riders

1 st on age standard	£40
2 nd on age standard	£30
3 rd on age standard	£20
Fastest Male Vet on actual time	£15
Fastest Female Vet on actual time	£15
1 st Club Team of two on Age Standard	£10 each

Awards - Non-Veteran Riders

Fastest Male	£15
Fastest Female	£15

Please note that VTTA members only are eligible for the veterans' awards listed above (including those on actual time). If you are over 40 and not yet a VTTA member, you can become eligible for these vets' awards by joining the VTTA online before the date of the event at: vtta.org.uk and bringing proof of membership with you on the day.

VTTA EVENT SECRETARY: Colin Ashcroft, 127 Upton Road, Bexleyheath DA6 8LS
Mobile 07860459464
Email – colin.ashcroft@outlook.com

COMPETITORS NOTES

Covid-19 is still very much present and the CTT still have some guidance in place as follows:

Competitors should not attend if they feel ill in ANY way especially if they, or family members have any CV19 symptoms.

An elevated resting heart rate, or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and that they should DNS and leave immediately and not go to the start line if they feel this is the case. Any competitor where the above is relevant should obtain a lateral flow test. Competitors are encouraged to undertake a lateral flow test prior to attending the event.

Any Positive Tests - The competitor should not attend the event.

Spectators and officials are encouraged to undertake a lateral flow test before attending the event.

1. **ALL** riders wear recognised protective headgear that meets an internationally accepted safety standard.
2. **WORKING** front and rear lights, either flashing or constant, **MUST** be fitted to the machine at the start.
3. Parking is **not permitted within 25 metres of the start** or at the finish.
4. The start is about half a mile from the event HQ, allow yourself sufficient time to ride there.
5. Riders must not warm up on the course after the start.
6. It would be appreciated if riders do not wear shoe plates in the HQ.
7. Numbers will be at the HQ and issued at signing on.
8. Numbers should be centrally positioned below the waist so as to be clearly visible from the rear.
9. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC anti-doping regulations.
10. Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations.
11. In the event of a rider having been found to have failed to comply with the pedestrian controlled lights between the Bridgefield and Cloverleaf RABs, that rider will be disqualified.

EVENT HQ – Ham Street Sports Pavilion, Ham Street, Ashford, Kent TN26 2JH.

SIGNING ON

Parking spaces are not allocated - please park as quickly and quietly as possible. Once parked, go to the pavilion, sign on and collect your race number, know your number and bring your own pen.

Changing facilities and toilets are available.

Turbo warmups are permitted as long as you can respect current social distancing rules.

DIRECTIONS TO THE START

Turn left out of the HQ car park onto The Street, Hamstreet. Ride straight on up the hill past Hamstreet Railway Station, after reaching the road bridge turn right into the link road, you will then see the start.

AT THE END OF THE RACE

Remember you must return to the event HQ as soon as possible, even if DNF, to sign out, return your number and check to see if you are required for **DOPING CONTROL**. Failure to sign out **WILL result in DNF**.

RESULTS

Do not approach the timekeeper after finishing.

Results will be available on the day and will be published as soon as possible.

You are encouraged to stay for the prize giving.

COURSE DETAILS

Ham Street – Cloverleaf – Johnsons Corner (A2070)

Start opposite the manhole cover approx 75 yards west of Junction between link road from Ashford Road (north of Hamstreet Village) and the A2070.

Proceed eastwards and turn left (M) onto A2070 and proceed North over Bridgefield RAB to Cloverleaf RAB, turn (M) and retrace south on A2070 to Johnson's Corner where left (M) onto old A2070 towards Hamstreet village to finish approx 50 yards before bridge over Royal Military Canal. (distance 10.05 miles)

START SHEET

	Name		Gen	Cat	Club	Vet Std	LTS	Start
1	Jeremy	Parker	M	Veteran	Gravesend CC	00:27:07	00:22:04	07:01
2	Liam	McLaughlin	M	Senior	Arctic Aircon RT		00:23:04	07:02
3	Rebecca	Wilson	F	Veteran	Rye & Dist Wheelers CC	00:30:08	00:24:11	07:03
4	Maria	Gammon	F	Senior	Ashford Whs		00:26:09	07:04
5	Mark	Doxey	M	Veteran	Abellio - SFA Racing Team	00:27:12	00:20:53	07:05
6	Chris	Hewitt	M	Senior	Oxted Cycle Club		00:22:30	07:06
7	Owen	Fletcher	M	Senior	Ashford Whs		00:23:18	07:07
8	Andy	Burrows	M	Veteran	Thanet RC	00:31:20	00:24:45	07:08
9	Jim	O'Leary	M	Veteran	GS Avanti	00:28:30	00:30:13	07:09
10	Nick	Dwyer	M	Veteran	DRAG2ZERO	00:27:37	00:19:40	07:10
11	Simon	Henderson	M	Veteran	Thanet RC	00:27:44	00:21:49	07:11
12	Christian	Yates	M	Veteran	East Grinstead CC	00:27:44	00:22:32	07:12
13	Glen	Whittington	M	Senior	Southborough & Dist Whs		00:23:54	07:13
14	David	Hodsman	M	Senior	Dulwich Paragon CC		00:25:42	07:14
15	Steve	Gooch	M	Veteran	Rye & Dist Wheelers CC	00:27:24	00:20:46	07:15
16	Paul	Turner	M	Veteran	34 Nomads CC	00:27:24	00:22:28	07:16
17	Martin	Dickinson	M	Veteran	Thanet RC	00:26:56	00:23:16	07:17
18	Abbey	Thompson	F	Juvenile	Stonham Barns Prk –SYRT		00:24:33	07:18
19	James	Harrison	M	Senior	Hythe Cycling Club		00:28:06	07:19
20	Stuart	Hourigan	M	Veteran	VeloRefined Rule 5	00:26:42	00:19:37	07:20
21	Pete	Elms	M	Veteran	VC Deal	00:27:18	00:21:12	07:21
22	Richard	Payn	M	Veteran	34 Nomads CC	00:27:37	00:22:53	07:22
23	Hannah	Graveney	F	Espoir	AWOL O'Shea Worx		00:23:40	07:23
24	Shay	Giles	M	Veteran	VC Elan - Harry Perry Cls	00:30:49	00:25:38	07:24
25	Antony	Bee	M	Veteran	Wigmore CC	00:27:37	00:20:35	07:25

	Name		Gen	Cat	Club	Vet Std	LTS	Start
26	Paul	McDaid	M	Veteran	CC Bexley	00:27:07	00:22:11	07:26
27	Michael	Newman	M	Veteran	Ashford Whs	00:27:44	00:23:11	07:27
28	Paul	Flaherty	M	Veteran	VC Deal	00:27:24	00:24:24	07:28
29	Lesley	Newman	F	Veteran	Ashford Whs	00:30:23	00:27:50	07:29
30	Kevin	Tye	M	Veteran	VeloRefined Rule 5	00:27:51	00:19:01	07:30
31	Peter	Robertson	M	Senior	Backpedal		00:21:09	07:31
32	Anthony	Westwood	M	Veteran	Gravesend CC	00:27:24	00:22:40	07:32
33	John	McDonald	M	Veteran	trainSharp	00:27:30	00:23:35	07:33
34	Debbie	Percival	F	Veteran	Kent Velo Girls/Boys	00:30:31	00:25:05	07:34
35	Stephen	Wilkinson	M	Veteran	TWB - On Time Race Tm	00:27:24	00:20:25	07:35
36	Mark	Gidney	M	Veteran	Southborough & Dist	00:27:51	00:22:09	07:36
37	David	Greenwood	M	Veteran	Rye & Dist Wheelers CC	00:27:30	00:23:10	07:37
38	Martin	Simmons	M	C3	C C C P	00:27:24	00:24:20	07:38
39	Fiona	Howarth	F	Veteran	VC Deal	00:27:12	00:27:21	07:39
40	Nicholas	Fennell	M	Senior	Thanet RC		00:18:57	07:40
41	Nick	Wilson	M	Veteran	Rye & Dist Wheelers CC	00:27:44	00:20:59	07:41
42	Huseyin	Vardal	M	Veteran	Gemini BC	00:26:46	00:22:32	07:42
43	Christopher	Bax	M	Veteran	Thanet RC	00:29:19	00:23:27	07:43
44	Tim	Miles	M	Veteran	Hastings & St. Leon CC	00:30:35	00:27:15	07:44
45	Jennifer	George	F	Senior	The Ind Pedaler - NopinZ		00:20:17	07:45
46	Andrew	MacPherson	M	Veteran	Kingsnorth Int Whs	00:26:14	00:22:05	07:46
47	Rob	Sparks	M	Senior	Ashford Whs		00:23:08	07:47
48	Kate	Thomas	F	Veteran	Lewes Wanderers CC	00:28:47	00:24:18	07:48
49	Robert	Giles	M	Veteran	PMR	06:20:00	00:24:45	07:49
50	Christopher	Fennell	M	Senior	The Ind Pedaler - NopinZ		00:17:40	07:50
51	Paul	Smith	M	Veteran	VeloRefined Rule 5	00:26:51	00:20:55	07:51
52	Laurence	Toombs	M	Veteran	West Kent RC	00:27:51	00:23:00	07:52