

# VETERANS TIME TRIALS ASSOCIATION (KENT GROUP)

## 25 Mile Time Trial

Course Q25/8
Molash – Canterbury – Ashford – Chilham

VTTA Kent Group Championships, BBAR & ECCA BAR Counting Event

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

**Sunday 12th June 2022 07:30** 

## **START SHEET**

#### Timekeepers:

(Start) Mrs Christie Burrows (Thanet Road Club) (Finish) Mark Vowels (San Fairy Ann CC) (Start/Finish official) Mr Bob Giles (VTTA Kent)

### **VTTA Awards - Veteran Riders**

1st on age standard	£40
2nd on age standard	£30
3rd on age standard	£20
4th on age standard	£15

Fastest Male Vet on actual time £15 Fastest Female Vet on actual time £15

1st Club Team of two on Age Standard £10 each

## VTTA Awards - Non-Veteran Riders

Fastest Male Vet £15 Fastest Female Vet £15

Please note that VTTA members only are eligible for the veterans' awards listed above (including those on actual time). If you are over 40 and not yet a VTTA member, you can become eligible for these vets' awards by joining the VTTA online before the date of the event at: vtta.org.uk and bringing proof of membership with you on the day.

#### **VTTA EVENT SECRETARY:**

Nic Fennell
7 Jaggard Way, Staplehurst, Kent, TN120LE
Mobile – 07860940862 Email – Nic Fennell

#### **COMPETITORS NOTES**

#### Covid-19 is still very much present and the CTT still have some guidance in place as follows.

Competitors should not attend if they feel ill in ANY way especially if they or family members have any CV19 symptoms.

An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and that they should DNS and leave immediately and not go to the start line if they feel this is the case. Any competitor where the above is relevant should obtain a lateral flow test. Competitors are encouraged to undertake a lateral flow test prior to attending the event.

Any Positive Tests - The competitor should not attend the event.

Spectators and officials are encouraged to undertake a lateral flow test before attending the event.

- 1. Competitors must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
- 2. In the interest of safety, you must wear recognised protective headgear that meets an internationally accepted safety standard. CTT Regulations state that **ALL** riders **MUST** wear such headgear.
- 3. A **WORKING** front and rear light, either flashing or constant, **MUST** be fitted to the machine at the start of the event.
- 4. Parking is **not permitted within 25 metres of the start** or at the finish.
- 5. Riders must not warm up on the course after the start.
- 6. It would be appreciated if riders do not wear shoe plates in the HQ.
- 7. Numbers should be centrally positioned below the waist so as to be clearly visible from the rear.
- 8. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC anti-doping regulations.
- 9. Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations.

## EVENT HQ - Challock Memorial Hall, Blind Lane, Challock. TN25 4AU - Open from 06:30

## SIGNING ON

Parking spaces are not allocated. Please park as quickly and quietly as possible.

Once parked, go to the signing on table outside the hall to sign in and collect your race number, **know your number** and bring your own pen

Toilets are available upstairs at the hall, but should only be used by one person at a time.

Changing in the building (including the toilets) is **NOT** permitted, so you should arrive race ready.

Turbo warm-ups are not permitted in the car park. If using a turbo you should not be within 50 metres of a domestic property. If possible, any warm-ups should be done on the road.

#### AT THE END OF THE RACE

Remember you must return to the event HQ as soon as possible, even if DNF, to sign out, return your number and check to see if you are required for **DOPING CONTROL**. Failure to sign out **WILL result in DNF**.

Refreshments will be at the hall kitchen, tea/coffee and some cakes will be available. Any donations will be greatly appreciated.

#### **RESULTS**

Do not approach the timekeeper after finishing.

Provisional results will posted upstairs in the Event HQ as soon as they are received from the timekeepers.

Prizes will be awarded as soon as the results have been verified.

If you can, please stay for the Prize presentations following the event in the pavilion.

# **COURSE - Q25/8**

Start on A252 east of Molash at the corner post of Northdown House at entrance to Shottenden Lane (TR 032521).

Proceed east on A252 and A28 to Milton Manor RAB Thannington (6.726 miles) (M).

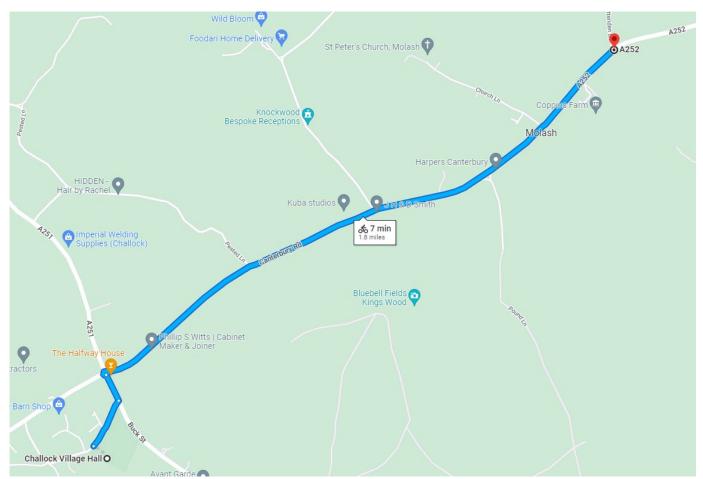
Turn and retrace on A28, via Chilham Fork (M) where turn left (Extreme Care) to Spearpoint Corner RAB (17.126 miles) (M).

Retrace to Chilham Fork (M) where left to to rejoin A252 (Extreme Care).

Proceed westward to finish approximately 290 yards past Chilham Castle Keep entrance (TQ 063534). (25.00 miles)

## TO THE START

It is 1.8 miles to the start from the HQ, please allow an appropriate amount of time to get there. (APPROX 7 minutes)



	First	Last					
	Name	Name	Club	Vet Std	LTS	Vet Mem	Start Time
1				N/A			07:31
2				N/A			07:32
3	Mike	Perry	Thanet RC	01:18:20	01:21:15	Kent	07:33
4	Daniel	Fowler	Woolwich CC	-	01:20:00		07:34
5	Lesley	Newman	Ashford Whs	01:16:57	01:16:27	Kent	07:35
6	Paul Simon	Griffiths	Thanet RC	01:07:19	01:14:38		07:36
7	Andy	Burrows	Thanet RC	01:19:45	01:09:46		07:37
8	Lee	Gunning	Catford CC Ltd	-	01:07:30		07:38
9	Mick	Claydon	Ashford Whs	01:08:52	01:07:27		07:39
10	Si	Seymour	Tooting BC	01:07:43	01:03:37		07:40
11	Philip	Appleby	Wigmore CC	-	01:02:00		07:41
12	Robin	Johnson	Brighton Mitre CC	01:16:28	01:15:10	Surrey/Sussex	07:42
13				N/A			07:43
14	Michael	Newman	Ashford Whs	01:10:14	01:01:03	Kent	07:44
15	Dean	Chiddention	Abellio - SFA Racing Team	01:07:07	00:54:03		07:45
16	lan	Braybrook	Basildon CC	01:07:19	00:54:49	East Anglia	07:46
17	Pete	Elms	VC Deal	01:08:52	00:57:03		07:47
18	Owen	Fletcher	Ashford Whs	-	00:58:36		07:48
19	Sam	Bennett	70aks Tri Club	01:07:43	01:00:47		07:49
20	John	Cockrill	Abellio - SFA Racing Team	-			07:50
21	Martin	Jones	Colour Tech RT	01:08:10	00:54:05	Kent	07:51
22	Peter	Robertson	Backpedal	-	00:56:59		07:52
23	James	Hawkins	Gemini BC	01:06:55	00:58:35		07:53
24	Neill	Keaney	Endurance X Nature RC	01:06:11	01:00:23	Kent	07:54
25	Stefan	Gloyn	Army Cycling	-	00:48:42		07:55
			Partenza-Nude Espresso				
26	Paul	Sewell	RT	01:06:44	00:54:06		07:56
27	Simon	Henderson	Thanet RC	01:10:14	00:56:28	Kent	07:57
28	Mark	Thomas	Bigfoot CC	01:10:14	00:57:47	East Anglia	07:58
29	Andy	Robinson	Ashford Whs	01:11:31	00:59:39		07:59
30	Andrew	Meilak	VeloRefined Rule 5	0.048183	00:51:45	Kent	08:00