



**VETERANS TIME TRIALS ASSOCIATION
(KENT GROUP)**

30 Mile Time Trial

Course Q30/3

Ham Street – Brooklands – Cloverleaf – Brooklands – Ham Street

VTTA Kent Group Championships, BBAR & ECCA BAR Counting Event

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Sunday 24th April 2022 07:00

START SHEET

Timekeepers:

(Start) Mrs Christie Burrows (Thanet Road Club)

(Finish) Mr David Mastin/Mr Andy McCall (Thanet Road Club)

(Start/Finish official) Mr Bob Giles (VTTA Kent)

VTTA Awards - Veteran Riders

1 st on age standard	£40
2 nd on age standard	£30
3 rd on age standard	£20
4 th on age standard	£15
Fastest Male Vet on actual time	£15
Fastest Female Vet on actual time	£15
1 st Club Team of two on Age Standard	£10 each

VTTA Awards - Non-Veteran Riders

Fastest Male Vet	£15
Fastest Female Vet	£15

Please note that VTTA members only are eligible for the veterans' awards listed above (including those on actual time). If you are over 40 and not yet a VTTA member, you can become eligible for these vets' awards by joining the VTTA online before the date of the event at: vttta.org.uk and bringing proof of membership with you on the day.

VTTA EVENT SECRETARY:

Simon Henderson, 9, Minster Road, RAMSGATE, Kent. CT11 0JL.

Mobile 07813085640 Email – [Simon Henderson](mailto:Simon.Henderson@vttta.org.uk)

COMPETITORS NOTES

Covid-19

CV19 is still very much present and the CTT still have some guidance in place as follows.

Competitors should not attend if they feel ill in ANY way especially if they or family members have any CV19 symptoms.

An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and that they should DNS and leave immediately and not go to the start line if they feel this is the case.

Any competitor where the above is relevant should obtain a lateral flow test.

Competitors are encouraged to undertake a lateral flow test prior to attending the event.

Any Positive Tests - The competitor should not attend the event.

Spectators and officials are encouraged to undertake a lateral flow test before attending the event.

1. Please note we have a new course for 2022 that misses out the top section in Ashford use in previous years.
2. Competitors must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
3. In the interest of safety, you must wear recognised protective headgear that meets an internationally accepted safety standard. CTT Regulations state that **ALL** riders **MUST** wear such headgear.
4. A **WORKING** front and rear light, either flashing or constant, **MUST** be fitted to the machine at the start of the event.
5. Parking is **not permitted within 25 metres of the start** or at the finish.
6. Riders must not warm up on the course after the start.
7. It would be appreciated if riders do not wear shoe plates in the HQ.
8. Numbers should be centrally positioned below the waist so as to be clearly visible from the rear.
9. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC anti-doping regulations.
10. Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations.

EVENT HQ – Ham Street Sports Pavilion, Ham Street, Ashford, Kent TN26 2JH.

SIGNING ON

Parking spaces are not allocated - Please park as quickly and quietly as possible.

Once parked, go to the first floor in the pavilion, sign on and collect your race number; know your number and bring your own pen.

A toilet/ changing facilities are available for use.

Turbo warmups are permitted as long as you can respect current rules and do not disturb local residents.

HQ TO THE START - Turn right out of the car park and continue along road towards the start 150 yds short of the Johnson's Corner turn onto the A2070 (approximately 1 mile/ 6 minutes).

AT THE END OF THE RACE

Remember you must return to the event HQ as soon as possible, even if DNF, to sign out, return your number and check to see if you are required for **DOPING CONTROL**. Failure to sign out **WILL result in DNF**.

Refreshments will be self service. Downstairs in the pavilion kitchen there is a hot water machine that can be used to make tea/coffee. Some homemade cakes will be available. Any donations will be greatly appreciated.

RESULTS

Do not approach the timekeeper after finishing.

Provisional results will be posted upstairs in the pavilion as soon as they are received from the timekeepers. Prizes will be awarded as soon as the results have been verified.

If you can, please stay for the Prize presentations following the event in the pavilion.

Course Q30/3

Start (TR 002318) at Johnsons Corner, opposite the telegraph pole, approx. 150 yards east of junction with A2070.

Turning left, join the A2070, southwards (M) to Brenzett RAB. Riders take 2nd exit (straight across) (M) onto A.259 to turn at Brookland RAB (M) (4.72 mls) and retrace to Brenzett RAB.

At Brenzett RAB(M), take the 2nd exit (straight across) (M) onto the A2070, passing through Bridgefield RAB to Cloverleaf RAB (M) (15.06 mls).

At Cloverleaf RAB(M) take the 4th exit and retrace southwards on A2070 through Bridgefield RAB to Brenzett RAB. Riders take 2nd exit (straight across) (M) onto A.259 to turn at Brookland RAB (M) (25.39 mls) to retrace to Brenzett RAB.

At Brenzett RAB(M), take the 2nd exit (straight across) (M) onto the A2070 to finish 12 metres north of lamppost No UAT 005 at north end of layby, approx. 100m south of Johnsons Corner. (30 miles) (TR 002316).