



# WEST KENT ROAD CLUB

## Open 25 mile Time Trial 19 September 2021 @ 07:45 Course Q25/8 Peter & Gill Stone Memorial Trophy

THIS EVENT IS PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS

**Event Secretary:** Laurence Toombs - 07745000782

**Timekeepers:** Paul Mepham V.C. Elan, Dave Abbotts, Gravesend CC

**Event HQ:** Challock Memorial Hall, Blind Lane, Challock. TN25 4AU. Open from 06:30

**NOTE:** HQ is about 1.5 miles from the start, East of Challock on the A252 so allow plenty of time to get to the start.

No warming up on the course.

Riders are to wait in Shottenden Lane near the start, please arrive no more than five minutes before your start time.

**NO PUSHING OFF!** ALL riders are to start with one foot on the ground.

No competitor parking at the start.

When you pass the finish Timekeeper, carry on along the A252 until you reach the roundabout to return to HQ. **DO NOT** approach the Timekeeper.

Due to local restrictions, we are unable to offer food and drink. There is only one toilet available, the disabled one in the foyer. One in, one out (of the building) please and leave the toilet facility as you would like to find it.

There will be no results board, results will be published as soon as possible after the event. Trophies and winnings will be sent in due course.

**Course Details:** Q25/8. Challock – Canterbury - Ashford - Chilham

Start on A252 east of Molash at the corner post of Northdown House at entrance to Shottenden Lane (TR 032521). Proceed east on A252 and A28 to Milton Manor RAB Thannington (6.726 miles) (M). Turn and retrace on A28, via Chilham Fork (M) where turn left (Extreme Care) to Spearpoint Corner RAB (17.126 miles) (M). Retrace to Chilham Fork (M) where left to to rejoin A252. Proceed westward to finish approximately 290 yards past Chilham Castle Keep entrance (TQ 063534). (25.00 miles)

### Awards: - One Prize per Rider

**Men:** 1<sup>st</sup> £25, 2<sup>nd</sup> £20, 3<sup>rd</sup> £15

**Ladies:** 1<sup>st</sup> £25, 2<sup>nd</sup> £20, 3<sup>rd</sup> £15

**Veterans:** 1<sup>st</sup> £25 2<sup>nd</sup> £20 3<sup>rd</sup> £15

### Notes to Riders

1. In the interest of safety, CTT advise you to wear recognised protective headgear that meets an internationally accepted safety standard. CTT Regulations require that **ALL JUNIOR** riders **MUST** wear such headgear.
2. A **WORKING** rear light, either flashing or constant, **MUST** be fitted to the machine at the start of the event. **NO LIGHT, NO RIDE!**

It is recommended that a working front light is also used.

3. Riders must not warm up on the course. Do not turn in sight of the start and finish areas.
4. Numbers will be at the HQ and issued at signing on.
5. Numbers should be centrally positioned below the waist so as to be clearly visible from the rear.
6. You must return to the event HQ as soon as possible, even if DNF, to sign out and check to see if you are required for **DOPING CONTROL. Failure to sign out WILL result in DNF.**
7. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC anti-doping regulations.
8. Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations.

## **SIGNING ON**

Parking spaces are not allocated. Please park as quickly and quietly as possible.

Once parked, go to the signing on table outside the hall to sign in and collect your race number, **know your number and bring your own pen**

A toilet is available, but may only be used by one person at a time. This is the disabled toilet off the foyer. You **MUST NOT** use the upstairs toilet or any other area within the hall.

Changing in the building (including the toilets) is **NOT** permitted, so you should arrive race ready.

Turbo warm-ups are not permitted in the car park. If using a turbo you should not be within 50 metres of a domestic property. If possible, any warm-ups should be done on the road.

## **AT THE END OF THE RACE**

Please remember to sign out. Failure to do so will result in DNF.

No refreshments will be available.

## **RESULTS**

**Do not approach the finish timekeeper after finishing.**

Results will not be available on the day, they will be published as soon as possible.