

Thanet Road Club Presents

### A 10 MILE TIME TRIAL

<u>on</u>

### SUNDAY 25th July 2021 AT 07:00 Hrs on the Q10/30

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

**<u>Timekeepers:</u>** Start - Terry Fearn. Finish - Andy McCall & Christine Burrows, (Thanet Road Club)

Event HQ: Spires Academy in Bredlands Lane, Sturry. For satnav users the postcode is CT2 0HD.

### HQ open from 6am

<u>Event Secretary:</u> Michael Friend, 11 Quex View Road, Birchington, Kent, CT7 0DZ. Tel: 07921 491 658 Email: <u>michael.john.friend@hotmail.com</u>

# PLEASE NOTE THE FOLLOWING COVID-19 GUIDANCE. SOCIAL DISTANCE RULES APPLY TO ALL RIDERS, HELPERS, MARSHALLS AND TIME KEEPERS.

PLEASE BE RESPECTFUL AND KEEP US ALL SAFE.

## PLEASE DO NOT ATTEND THE EVENT IF YOU OR ANY MEMBER OF YOUR SUPPORT CREW OR FAMILY SHOWS SYMPTOMS OF COVID 19 OR FEELS UNWELL.

### IN THE INTERESTS OF YOUR OWN SAFETY

Cycling Time Trials and the Event Promoters, strongly advise you to wear a HARD SHELL HELMET which meets an internationally accepted standard. This is compulsory for junior riders.

It is also mandatory that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use

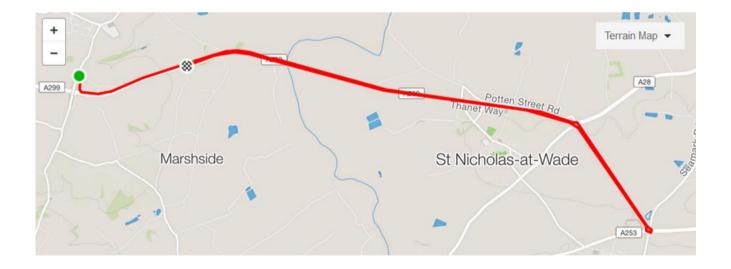
### Q10/30 Course Details:-

Start at eastern end of 1<sup>st</sup> drain in May Street, just before entrance to Southern Water Services Depot. (TR208673). Proceed via service road to join A299, continue on A299 to St Nicholas at Wade RAB, and take 3<sup>rd</sup> exit to Monkton RAB (5.472 miles). Turn and retrace A299 to finish west of the Roman Galley ex-PH on slip road to Chislet/Marshside, 4 yards before last LP FUV010 before turning left on slip road. (TR225676).

Course Records: Men: 18:04 Christopher Fennell, Women 19:51 Emma Lewis

The below is the Strava map of the course - https://www.strava.com/segments/1707344

# <u>Please ensure you are familiar with the course before riding</u> The onus of keeping to the course is with the rider



### The following prizes will be awarded

Men Fastest on	Scratch Wome	Women Fastest on Scratch		Fastest Team of 3 (Total Time)		
1 <sup>st</sup> £2 2 <sup>nd</sup> £1	5		£20 £15	1 <sup>st</sup>	£30 (£10 each)	
3 <sup>rd</sup> £1 <u>Fastest on Age</u>	-	3 <sup>rd</sup> st Junior	£10 :/Juvenile			
1 <sup>st</sup> £2 2 <sup>nd</sup> £1 3 <sup>rd</sup> £1	5	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	£20 £15 £10			

One prize per entrant (excluding team).

#### **INFORMATION FOR COMPETITORS**

EVENT HEADQUARTERS: We will be using the Spires Academy in Bredlands Lane, Sturry. For satnav users the postcode is CT2 0HD. You cannot miss the new buildings.

Directions to Race HQ: From the Thanet Way A229 leave at junction SP Hillborough, Reculver, Hoath and Chislet.

Turn left into Sweechbridge Road, left at T junction into Heart in Hand Lane. Follow this road for 4 miles then turn left into Bredlands Lane (Signed). The Spires Academy is 0.5 miles on the left.

Coming from Canterbury take the A28 towards Thanet. Pass through Sturry and take the first left after Perry's Vauxhall Dealership into Bredlands Lane. The new school is on the right.

### Please allow at least 20 minutes to get to the start from the HQ. It is 4½ miles away.

To get to the start turn right out of the car park, down the hill to the T junction, turn right and continue for four miles to reach the start

After finishing proceed up the hill on the A299 for approx. 1 mile, turn off at sign for Reculver, then left at T junction to return to HQ.

Numbers and signing on/off sheet will be at the HQ (NOT THE START). Signing may be done outside. Please bring your own pen for signing on and your own safety pins if needed. Please use the sanitiser. After finishing and signing off please place your number in the bucket of disinfectant provided.

### Masks to be worn when at the HQ and no spectators allowed.

Competitors must sign on and off at the HQ or they will not be allowed to race. Failure to do so will result in the competitor being recorded as DNF.

Toilets are located inside the HQ hall to the left as signposted. We will operate a one-way system please queue following social distancing measures. Please come ready to compete and not use the toilets as a changing facility.

Please keep noise to a minimum so as not to disturb the local residents.

There will be no results or prizes at the HQ. Please do not congregate after the race, head home once finished. Results will be on the CTT website after the event and prize winners will be contacted by the event organiser for distribution.

No warming up on the course please once the event has started. No U turns will be permitted on roads adjacent to the start and finish areas whilst the race is in progress.

No rider should use a turbo trainer or rollers in the headquarters parking area or on adjacent roads. Anyone failing to comply with this restriction risks disqualification.

Competitors and their helpers must not park in the vicinity of the start or finish. Under no circumstances should competitors approach the time keepers.

REAR LIGHTS. No competitor shall be permitted to start the event unless they have affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Riders please be aware of regulation - Reg. 20(a) which covers the issue of HEAD DOWN riding – Head down riding will NOT be tolerated.

### **HEADS UP AND RIDE SAFE**

No.	Start	Name	Club	Cat	Age Std.
3	07:03	Peter Huckstep	Thanet RC	V	29:30
4	07:04	Fiona Howarth	VC Deal	WV	29:41
5	07:05	Bill Hawkes	Thanet RC	V	27:07
6	07:06	Enrico Seccatore	VC Deal	V	27:37
7	07:07	Simon Friend	Thanet RC	S	
8	07:08	Paul Flaherty	VC Deal	V	27:18
9	07:09	Jennifer Fearn	Thanet RC	WV	32:23
10	07:10	Martin Jones	Colour Tech RT	V	26:51
11	07:11	Christopher Bax Tracy Wilkinson-	Thanet RC	V	29:08
12	07:12	Begg	TWB - On Time Race Team	WV	29:54
13	07:13	Tanya Scott-Nason	Thanet RC	WV	29:23
14	07:14	Reg Smith	Colour Tech RT	V	30:20
15	07:15	Antony Bee	Wigmore CC	V	27:30
16	07:16	Marc Dunn	Woolwich CC	S	
17	07:17	Matt Bristow	VC Deal	V	26:51
18	07:18	Matt Nunn	Medway Velo Club	S	
19	07:19	Colin Inett	Thanet RC	V	31:39
20	07:20	John Cockrill	Abellio - SFA Racing Team	S	
21	07:21	Paul Kirkness	Thanet RC	V	28:49
22	07:22	Robert Giles	PMR	V	30:07
23	07:23	Mike Perry	Thanet RC	V	30:35
24	07:24	Colin Marshall	34 Nomads CC	V	28:22
25	07:25	Paul Burrows	Thanet RC	V	26:23
26	07:26	Jim O'Leary	GS Avanti	V	28:22
27	07:27	Andy Burrows	Thanet RC	V	31:05
28	07:28	Jonathan Hemming	Addiscombe CC	V	27:01
29	07:29	Reuban Davey	Abellio - SFA Racing Team	S	
30	07:30	Dan Martin	Thanet RC	S	
31	07:31	Colin Jarman	Southborough & Dist. Whs	V	29:42

32	07:32	George Lynch	University of Warwick	S	
33	07:33	Steven Smith	Medway Velo Club	V	26:23
34	07:34	Andrew MacPherson	Kingsnorth International Whs	V	26:10
35	07:35	Tim Kingston	GS Invicta - Eye Level Optical- Herbert Cycles	V	26:32
36	07:36	Martin Foord	Abellio - SFA Racing Team	V	27:44
37	07:37	Colin Robinson	Thanet RC	V	27:12
38	07:38	Gary Ricks	Woolwich CC	V	28:22
39	07:39	Andrew Booty	Lewes Wanderers CC	V	27:07
40	07:40	Nicholas Fennell	Thanet RC	S	
41	07:41	Natasha Jarman	Southborough & Dist. Whs	WV	28:33
42	07:42	Abbey Thompson	Suffolk Youth Race Team	WJ	
43	07:43	David Smith	VC de Londres	S	
44	07:44	lan Turner	Southborough & Dist. Whs	V	29:42
45	07:45	Pete Elms	VC Deal	V	27:12
46	07:46	Eva Zsigoova	a3crg	WS	
47	07:47	Debbie Percival	Kent Velo Girls/Boys	WV	30:23
48	07:48	Rob Kennison	Medway Velo Club	V	27:30
49	07:49	Simon Henderson	Thanet RC	V	27:37
50	07:50	Kevin Tye	VeloRefined Rule 5	V	27:44
51	07:51	Mark Doxey	Abellio - SFA Racing Team	V	27:07
52	07:52	Paul Smith	VeloRefined Rule 5	V	26:46
53	07:53	Neil Gerrard	Folkestone Velo Club	V	26:06
54	07:54	Martin Brown	70aks Tri Club	V	27:51
55	07:55	Alex Clay	The Independent Pedaler - Nopinz	WS	
56	07:56	Sam Day	CS Grupetto	V	26:36
57	07:57	Mark Hill	VeloRefined Rule 5	V	27:12
58	07:58	David Prom	San Fairy Ann CC Ltd	V	26:56
59	07:59	Mathew Lister	Folkestone Velo Club	V	26:06
60	08:00	Christopher Fennell	The Independent Pedaler - Nopinz	S	