### Kent Cycling Association



#### 10 Mile Time Trial. Incorporating National Youth Championship District Heat.

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations.

#### Saturday 22 May 2021 Course Q10/42 Start time 3pm

Event Headquarters Track side Building at Betteshanger Country Park To find the park, take the A258 between Deal and Sandwich to the Fowlmead access roundabout, where the Park is clearly signposted. Do not follow signs from the A258 to Betteshanger village and Community Park.

#### **Awards Youth Event.**

#### All Finishers will receive a Medallion.

#### **Awards KCA Event**

Scratch		Veteran on Age Standard		
1st	Gilt Plated Medal	1st	Gilt Plated Medal	
2nd	Silver Plated Medal	2nd	Silver Plated Medal	
3rd	Bronze Medal	3rd	Bronze Medal	

#### Best improvement on previous 3 year PB at distance

1st Gilt Plated Medal 2nd Silver Plated Medal 3rd Bronze Medal

Fastes 1st	et Club Team of 3 Riders Bronze Medals	<b>Lady</b> 1st 2nd 3 <sup>rd</sup>	Gilt Plated Medal Silver Plated Medal Bronze Medal
Juvenile		Junio	r
1st	Gilt Plated Medal	1st	Gilt Plated Medal
2nd	Silver Plated Medal	2nd	Silver Plated Medal
3rd	Bronze Medal	3rd	Bronze Medal

Road Bike	Lady
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1st	Gilt Plated Medal	1st	Gilt Plated Medal
2nd	Silver Plated Medal	2nd	Silver Plated Medal
3rd	Bronze Medal	3rd	Bronze Medal

KCA Prizes will be presented at the KCA Lunch in November.

#### **Course Details – Q10/42**

**START** at edge of track in coned area ride 5 laps in an anticlockwise direction. On the fifth and final lap do not continue on to the start area but take the signed slip road to **FINISH** in the slip road. On finishing **do not re-join the circuit but follow the direction of the marshals back to the HQ.** 

#### **Event Secretary:**

Chris Bax. Thanet Road Club Telephone: 01843 223146 23 Garrard Avenue Margate Kent Mobile: 07741 405471

**Time Keepers:** Terry Fearn Thanet RC

Andrew McCall Thanet RC

#### **General Notes**

THERE WILL BE NO WARMING UP ON THE CIRCUIT AFTER THE EVENT HAS STARTED. There is plenty of room for turbo trainers on the concrete ramp adjacent to the start area.

Take care and keep to the right when passing through the start area. Take care when passing slower riders (a verbal warning helps).

The circuit is just over 2 miles to the lap. On the final lap turn left into the slip road to the finish.

Numbers will be at the HQ (Track side building and not the start) All riders are required to sign on before collecting their number and sign out after finishing.

Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC antidoping regulations.

Riders risk disqualification if they use the start or finish areas as a public toilet.

DUE TO PARK RULES ALL RIDERS ARE REQUIRED TO WEAR A HARD SHELL HELMET THAT MEETS AN INTERNATIONAL ACCEPTED STANDARD NO HELMET NO RIDE.

Road Bike Regulations Only applies to KCA Road Bike Event

- 1. No aerobars, clip on aerobars or aero extensions can be used
- 2. Hands must be holding the handlebars at all times whilst racing (i.e. not with forearms resting on the handlebar)
- 3. Legs must only be covered to mid shin
- 4. Wheels may have no more than 90mm rim depth and must have at least 12 spokes
- 5. Helmets must have no visor
- 6. Ears must not be covered by the helmet (Giro Aerohead helmets are not permitted No aero TT helmet

## PLEASE TAKE NOTE OF THE FOLLOWING COVID 19 GUIDANCE.

SOCIAL DISTANCE RULES APPLY TO ALL RIDERS, HELPERS, MARSHALS AND TIME KEEPERS.

PLEASE BE RESPECTFUL AND KEEP US ALL-SAFE.

PLEASE DO NOT ATTEND THE EVENT IF YOU OR ANY MEMBER OF YOUR SUPPORT CREW OR FAMILY SHOWS SYSTEMS OF COVID 19 OR FEEL UNWELL.

Numbers and signing on/out sheet will be at the HQ (NOT at the start). Signing on will be done outside. Please bring your own pen for signing and your own safety pins if needed. Please use provided sanitiser. After finishing and signing off please place your number in the bucket of disinfectant provided.

Masks to be worn when at HQ and no spectators allowed.

If using a turbo or rollers to warm up please stick to social distancing.

There will be no results on the day they will be sent out by e-mail please do not congregate at the HQ or approach the time keepers

# Youth Championship & Kent Cycling Association 10 Mile TT

		Youth Event					
No	Name	Club	Cat	Age	Line 1	Start Time	Result
						PM	
1	Douglas Tulett	Thanet Road Club	Juv	12	NT	3-15	
2	Lawson Bax	VC Deal	Juv	13	NT	3-16	
3	William Tulett	Thanet Road Club	Juv	14	NT	3-17	
4	Emily Tanner	Woolwich CC	F Juv	13	NT	3-18	
5	Ferne Pierce	Thanet Road Club	F Juv	14	NT	3-19	
6	Charlotte Clayson	VC Deal	F Juv	13	35-25	3-21	
7	Harrison King	The Archbishops School	Juv	15	NT	3-22	
8	Toby Clayson	VC Deal	Juv	15	29-17	3-23	
9	Tallulah Butcher	Thanet Road Club	FJuv	16	27-45	3-24	
10	Casey Humber-Kelly	VC Deal	Juv	13	25-35	3-25	

		KCA EVENT					
No	Name	Club	Cat	AS	Line 1	Start Time	
						PM	
	Alice Tullett	Thanet Road Club	FJuv		NT	03-30	Road Bike
	William Butcher	Thanet Road Club	Juv 		32-40	03-31	Road Bike
	Harriett Butcher	Thanet Road Club	FJuv		31-51	03-32	Road Bike
	Kate Bosley	Abelio SFA Race Team	LV59	27-24	22-39	03-33	Tandem
	John Bosley	Abelio SFA Race Team	V59	00.00	04.54	03-34	Tandem
	Deborah Percival	Kent Velo Girls	LV59	30-23	24-51	03-35	D 10"
	Tanya Scott Nason	Thanet Road Club	LV50	29-23	NT	03-36	Road Bike
	Samuel Brealy	Rue Morgue CC	Sen		NT	03-37	
	Eryka Smith	Deal Tri	LV46	29-02	31-47	03-38	
	Fiona Howarth	VC Deal	LV53	29-41	31-30	03-39	Road Bike
	Jennifer Fearn	Thanet Road Club	LV 70	32-10	31-12	03-40	
26	Marjo Van Velzen	VC Deal	FV53	29-41	29-52	03-41	Road Bike
27	Mike Perry	Thanet Road Club	V76	30-20	28-35	03-42	
28	Peter Uyl	Folkestone Velo Club	V50	26-51	28-04	03-43	Road Bike
29	Kevin Howland	Thanet Road Club	V57	27-30	28-03	03-44	Road Bike
30	Tom Odell	Wigmore CC	Sen		26-56	03-45	
31	Ryan Jackson	Essex Roads CC	Juv		26-31	03-46	
32	David Smith	VC de Londres	Sen		26-11	03-47	
33	Matt Bristow	VC Deal	V50	26-51	25-55	03-48	
34	Paul Flaherty	VC Deal	V55	27-18	25-47	03-49	Road Bike
35	Peter Huckstep	Thanet Road Club	V70	29-19	25-26	03-50	
36	Jamie Harris	Wigmore CC	Sen		25-05	03-51	
37	Sophie Driscoll	Thanet Road Club	L		25-01	03-52	
38	Grace Dent	Project 51	L		24-50	03-53	Road Bike
39	Natasha Jarman	Southborough Wheelers	LV40	28-33	24-16	03-54	
40	Adrian Butcher	Thanet Road Club	V53	27-07	NT	03-55	
41	Phil Appleby	Wigmore CC	Sen		24-02	03-56	
	Andrew Carson	Thanet Road Club	sen		23-30	03-57	
43	Colin Robinson	Thanet Road Club	V54	27-12	23-35	03-58	
44	Alex Milne	Ashford Tri Club	V40	26-06	23-35	03-59	
45	Robert Giles	PMR	V74	30-07	23-27	04-00	
46	Matt Clayton	University of Bath CC	Esp		23-30	04-01	Road Bike
	Neil Gerrard	Folkestone Velo Club	V40	26-06	23-20	04-02	
	Bill Hawkes	Thanet Road Club	V53	27-07	22-47	04-03	Road Bike
	Anthony Attwood	Project 51	Sen		22-24	04-04	Road Bike
	Sam Hodge	TrainSharp JunDev Tea	Jun		22-10	04-05	
	Dylan Humber-Kelly	VC Deal	Jun		21-58	04-06	
	Simon Henderson	Thanet Road Club	V58	27-37	21-49	04-07	
	Adrian Hawkins	Thanet Road Club	V52	27-01	20-57	04-08	
	-	TBW23Stuart Hall	-	-	-		
54	Peter Merritt	Cycling p/btrainsharp	Sen		20-56	04-09	
55	Lewis Tompsett	Thanet Road Club	Sen		20-42	04-10	
56	Mike Barnes	RAF Cycle Association	Sen		20-48	04-11	
		Continued Below					
57	Pete Elms	VC Deal	V53	27-07	20-41	04-12	

58	Mark Hill	Velorefined Rule 5 Aerosmiths	V53	27-07	20-29	04-13	
	Lance Childs	TrainSharp Jun Dev Tea	Jun		20-23	04-14	
	Nic Fennell	Thanet Road Club	Sen		18-59	04-15	