

Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations

**Open 10 mile time trial
Saturday 15th May 2021
Start time 06:30
Q10/6 course**

HQ: Outside Chilham Village Hall (open from approx. 05:30).

Riders are requested to read the start sheet and attached COVID 19 documents carefully, failure to adhere the CTT risk assessment could result in disqualification from the event.

Riders are thanked for complying with regulations.

Results will be available at this QR code or

<https://tinyurl.com/medwayvelo2021>

(Courtesy of www.resultsheet.co.uk)



Next Medway Velo Open Event
Roy Enfield Memorial 50
Sunday 8th August 2021
Q50/11 (Camber / Romney Marsh area)
HQ: Victory Hall Hamstreet

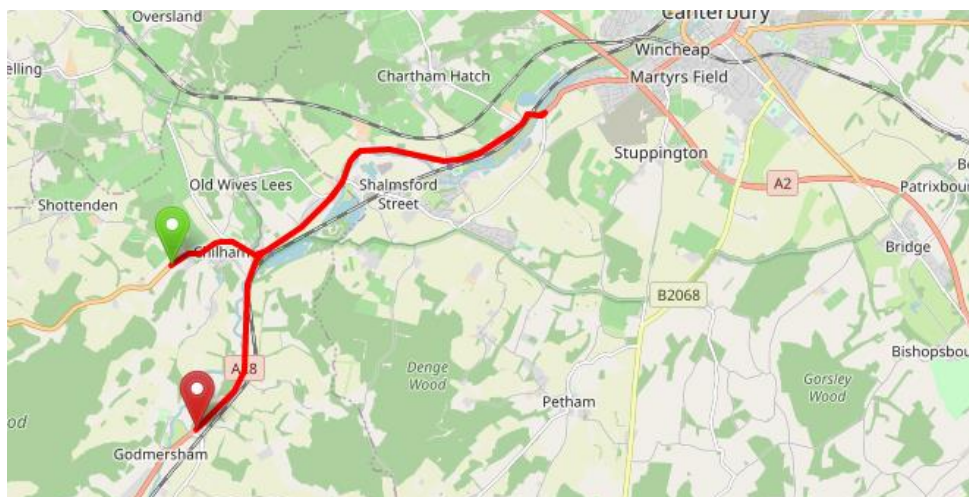
Medway Velo Club – Open 10 Mile Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations

To be held on Saturday 15th May starting at 06:30 hrs on Course Q10/6

This is a new version of this course for this year, please read course description carefully.

Start at waste bin in centre of layby located on A252 Canterbury bound, approx. 1/3 of a mile before Chilham Village Hall, TR 062 534. Continue to join A28 at Chilham fork and proceed to Milton Manor (Thannington) RAB TR 122 561, turn and retrace along A28 westbound, taking A28 at Chilham Fork, continuing to finish opposite 'village hall' bus stop in Godmersham TR 067 508.



Course Records (for 2021 version of course)

Males: Chris Fennell	19:35
Females:	A standard of 22:16 to be beaten
Junior:	A standard of 21:37 to be beaten
Female Junior: Tallulah Butcher	29:40

Awards

1st Fastest £25	1st Woman £25	1st Vet OAS £15
2nd Fastest £20	2nd Woman £20	2nd Vet OAS £10
3rd Fastest £10	3rd Woman £10	3rd Vet OAS £5
1 st Fastest road bike £15	1 st Woman road bike £15	1 st Male Junior £5
2 nd Fastest road bike £10	2 nd Woman road bike £10	1 st Female Junior £5
3 rd Fastest road bike £5	3 rd Woman road bike £5	

Team prize: First team of three riders: £5 each

Prizes will be sent out via post or bank transfer after the event.

Event Secretary/Promoter

Phil Booth
43 Heron Way, Walderslade, Chatham, Kent, ME5 7RL
07801 420741
philbooth73@yahoo.co.uk / phil.cttsoutheast@gmail.com

Timekeepers/Recorder – Rob Kennison (Medway Velo), Dave Mackey (Medway Velo), Ernie Mackey (Medway Velo)

Marshals/Sign on / Results – Matt Nunn, Rob Sapp, Nigel Wharton, Sally Smith, and Steven Smith

COVID 19 Guidance – please read carefully

Competitors should not attend if they feel ill in ANY way or if family members have any symptoms.

If your place of normal residence is subject to a 'local lockdown' please do not attend.

If you still subject to a quarantine period as a result of foreign travel or track and trace notification, please do not attend.

- An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warmup.
- Warm-ups ideally, should be done on the road. Static warm-ups are prohibited within 50 metres of any inhabited property, or in any location where social distancing cannot be maintained.
- Riders MUST NOT gather in anyway regardless of current guidelines in the car park, HQ area, or elsewhere.
- Competitors on finishing MUST NOT stop at the finish and MUST NOT loiter at the HQ/car park and MUST pack away and leave immediately upon completion of the race.
- No support can be provided if a competitor suffers mechanical difficulties. It is strongly advised that all competitors carry with them a spare inner-tube/tubular, pump and tyre levers if required.
- It is strongly advised that all competitors carry a mobile phone and take with them the telephone number of the event organiser. Please telephone / text / WhatsApp the organiser if you have failed to finish the event.

Event contact details on the day

Phil Booth: 07801 420741

The very best custom kit for your club

LECOL × **BAHRAIN**
McLAREN

WORLDTOUR PARTNER 2020

Contact Rob Kennison your local agent
rob.kennison@lecol.cc
07759319225

Event HQ / pre-race routine

Event Headquarters: will be open from 05:30 hrs

Chilham Village Hall
Chilham Castle Estate,
Chilham,
Canterbury
CT4 8DB

In line with CTT guidance there will be no indoors headquarters.

There are no changing facilities provided by the organising club, and riders should arrive 'race ready'.

Numbers will be available from the area outside the Chilham Village Hall, please bring your own pins.

Numbers are disposable and SHOULD NOT be returned afterwards, they should be disposed off when you return home and not left in the area of the headquarters / parking areas or litter bins in the village.

Please bring a pen to sign in / out and queue at a distance of 2m when signing in / out. Hand sanitiser will be provided for use of riders before signing in / out.

A large gathering of people is likely to be perceived negatively and could impact our ability to run future events.

There is some parking at the HQ, alternative car parking is available at Chilham Village Car Park which is located further down the A252 towards Canterbury behind the fire station, there are also public toilets available here, which open at 7am.

All parking should be legal and not cause a hazard for other traffic, or local residents.

There will be toilet facilities provided at the HQ, however this will operate on a one in / one out system, please queue outside the HQ, and wash your hands, please do not close any open doors or windows, with the exception of cubicle doors.

There is to be no changing in the toilets.

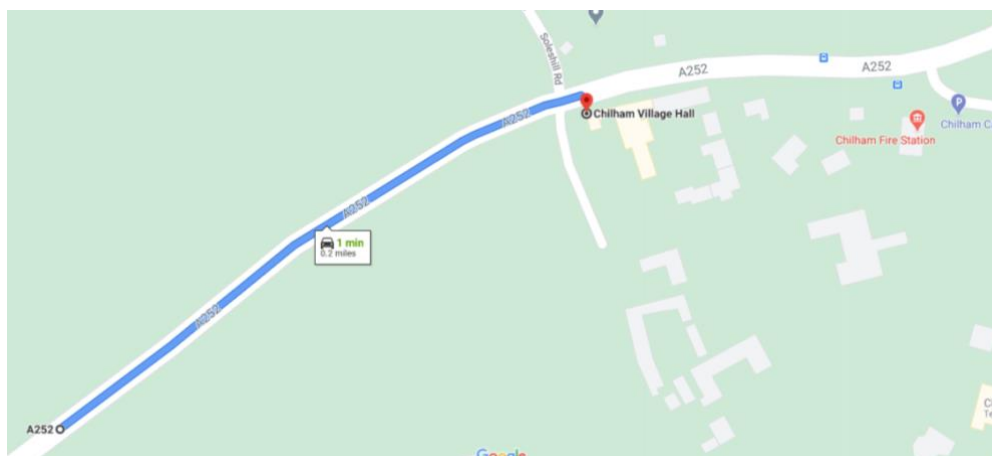
There will be no 'pushing off', all riders must start with one foot on the ground.

Competitors must not leave any personal possessions with the timekeepers

It is approximately 300 metres from the HQ to the start.

Route to the start –

Turn left on leaving village hall, the start is in the lay by on the Canterbury bound carriageway approximately 300 metres away.



Post-race

Results will be posted as follows after the event, the timekeepers and event officials will not give out times at the finish or HQ.

- We will aim to update this google sheet in real time (courtesy of www.resultsheet.co.uk)
<https://tinyurl.com/medwayvelo2021>
- Medway Velo Club Facebook page <https://www.facebook.com/Medwayvelo/>
- Medway Velo Club Website <http://medwayvelo.club/>
- South East / Kent Time Trials Facebook group <https://www.facebook.com/groups/380544722744081/>
- Provisional results by email from approx. midday

Notes to riders:

- **Numbers** will be at the event headquarters field and will be issued to each rider after they have signed on.
- All competitors – please be aware of CTT Regulation 14(i): No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. **NO REAR LIGHT – NO RIDE.**
- Please remember the regulation 17(b) requirement to sign off. **A rider who fails to sign the official signing out sheet shall be recorded as DNF.**
- Riders should refer to Regulation 16 - which states that **'the number should be centrally positioned below the waist so as to be clearly visible from the rear when in the normal riding position'**.
- **Please** keep noise to a minimum to avoid unnecessary disturbance of local residents.
- **Do Not** perform U turns in the start and finishing areas and do not use these areas as a public toilet. Offenders will be disqualified.
- Riders must abide by all traffic signs, any rider found crossing the pedestrian crossing on the course whilst the red light is showing will be disqualified
- Riding with hands and wrists draped over the front of handlebars risk disqualification in line with regulation 20.

All riders under the age of 18 years MUST wear recognised standard protective headgear. In the interests of safety, it is recommended that all riders should wear a hard shell helmet that meets an internationally accepted safety standard.

Accidents. If a competitor or official is involved in an accident/incident during or in the vicinity of the event, details must be reported as soon as practicable to the Event Secretary who will complete an Accident Report Form. Please assist/cooperate to ensure all required information is captured.

Thank you for entering our event, and abiding with the additional regulations, I hope you have a safe and fun ride.

Road bike category rules:

- No aero bars
- No disc wheels / wheels deeper than 50mm
- No 'time trial' helmets or helmets designed to have visors
- Please indicate when signing on if you are competing in the road bike category.

Start List

No.	Start time	Rider	Club	Cat	Vets Standard (2021)
1	06:31	Michael Stanley	Medway Velo	V49	26:46
2	06:32	Rob Milnes	Thanet RC	V40	26:06
3	06:33	Leo Whyton	4T+ Cyclopark	Jun	N/A
4	06:34	Liam McLaughlin	Woolwich CC	Sen	N/A
5	06:35	Lee Kingston	Medway Velo Club	V46	26:32
6	06:36	Colin Newton	Thanet RC	Sen	N/A
7	06:37	Tracy Wilkinson-Begg	TWB - On Time Race Team	WV54	29:48
8	06:38	Tallulah Butcher	Thanet RC	Jun	N/A
9	06:39	Fiona Howarth	VC Deal	WV52	29:35
10	06:40	Alex Clay	The Independent Pedaler - Nopinz	W Sen	N/A
11	06:41	Neil Harrigan	Gemini BC	V47	26:36
12	06:42	Jamie Baskerville	Dulwich Paragon CC	V44	26:23
13	06:43	Philip Appleby	Wigmore CC	Sen	N/A
14	06:44	Mike Perry	Thanet RC	V76	30:35
15	06:45	Bill Hawkes	Thanet RC	V53	27:07
16	06:46	David Greenwood	Rye & District Wheelers CC	V56	27:24
17	06:47	Alexander Cook	Medway Velo Club	Sen	N/A
18	06:48	David Smith	VC de Londres	Sen	N/A
19	06:49	Liz Sim	MedwayTri	WV50	29:23
20	06:50	John Cockrill	Abellio - SFA Racing Team	Sen	N/A
21	06:51	Nick Wilson	Rye & District Wheelers CC	V57	26:51
22	06:52	Andrew MacPherson	Kingsnorth International Whs	V41	26:10
23	06:53	Ben White	Swale Tri Club	Sen	N/A
24	06:54	Antony Lockyer	VTTA (Kent)	V46	26:32
25	06:55	Samuel Painter	TBW23 Stuart Hall Cycling P/b Trainsharp	Espoir	N/A
26	06:56	Paul Flaherty	VC Deal	V55	27:18
27	06:57	Christopher Bax	Thanet RC	V69	29:08
28	06:58	Enrico Seccatore	VC Deal	V58	27:37
29	06:59	Nicola Spensley	Kent Velo Girls/Boys	WV57	30:08

30	07:00	Nicholas	Fennell	Thanet RC	Sen	N/A
31	07:01	Lewis	Tompsett	Thanet RC	Sen	N/A
32	07:02	Neal	Watson	7Oaks Tri Club	V53	27:07
33	07:03	Susan	Walbrook	Thanet RC	WV47	29:07
34	07:04	Andy	Burrows	Thanet RC	V78	31:05
35	07:05	Paul	Simmons	Abellio - SFA Racing Team	V42	26:14
36	07:06	Simon	Henderson	Thanet RC	V58	27:37
37	07:07	Neil	Gerrard	Folkestone Velo Club	V40	26:06
38	07:08	Alex	Balfour	Rye & District Wheelers CC	V50	26:51
39	07:09	Charles	Pearton	Woolwich CC	Espoir	N/A
40	07:10	Andrew	Meilak	VeloRefined Rule 5	V54	27:12
41	07:11	James	Hawkins	Gemini BC	V43	26:19
42	07:12	Mark	Cain	Abellio - SFA Racing Team	V45	26:27
43	07:13	Rebecca	Wilson	Rye & District Wheelers CC	WV56	30:01
44	07:14	Tom	Kennison	Medway Velo Club	Sen	N/A
45	07:15	Peter	Merritt	TBW23 Stuart Hall Cycling P/b Trainsharp	Sen	N/A
46	07:16	Mark	Hill	VeloRefined Rule 5	V53	26:32
47	07:17	Huseyin	Vardal	Gemini BC	V48	26:41
48	07:18	Debbie	Percival	Kent Velo Girls/Boys	WV59	30:23
49	07:19	Jo	Smith	Thanet RC	W Sen	N/A
50	07:20	Christopher	Fennell	The Independent Pedaler - NopinZ	Sen	N/A